## The Basics of the 90-Day Member Waiting Period

Beginning with the first plan year on or after January 1, 2014, all group health plans – including grandfathered and non-grandfathered, fully insured and self-funded – must have a waiting period for new hires that does not exceed 90 calendar days.

## Five Key Things to Know About the 90-Day Waiting Period

- 1. New business customers must have compliant waiting periods that follow the federal requirement.
- 2. Renewing customers with already-compliant waiting periods will see no changes.
- 3. Existing non-compliant waiting periods will be adjusted to a compliant waiting period no later than the first renewal date on or after January 1, 2014.
- 4. The options for compliant waiting periods are as follows:
  - No waiting period for new hires
  - Date of event: one to 90 calendar days, one or two months
  - First of month: following the event (such as date of hire), one or two months, or one to 60 calendar days
- 5. An employer group may have different types of member waiting periods as long as they do not exceed the 90-day limit. In creating such classifications, groups should consult their legal counsel to ensure there are no discrimination concerns.



## For more information

Consult your UnitedHealthcare representative if you have questions, or visit the United for Reform Resource Center at **uhc.com/reform** for more information.

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