



Move more,
make more

Wouldn't it be great to earn over \$1,000 in rewards with Motion?¹



Register and activate your UnitedHealthcare Motion® account.



Download the UnitedHealthcare Motion app and pair your fitness tracker.



Get moving and sync daily. The more you move, the more you make.

Rewards are earned for meeting program targets for certain types of activities and are deposited quarterly based on your plan's reward design. Learn how to receive a fitness tracker at no cost by visiting unitedhealthcaremotion.com or use your own compatible device.

Visit unitedhealthcaremotion.com for specific program requirements.

¹ Motion is available at no extra cost and rewards vary by plan.

UnitedHealthcare Motion is a voluntary program. The information provided is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker and/or certain credits and/or purchasing an activity tracker with earnings may have tax implications. You should consult an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-855-256-8669 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Subject to HSA eligibility, as applicable.

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