

Mental health support for you and your loved ones

Behavioral Health Services

When to use: If you or a loved one needs support or treatment for a mental health or substance use condition

Contact info: 1-877-542-9236, TTY 711 or myuhc.com/CommunityPlan



988 Suicide and Crisis Helpline

When to use: If you or your loved one is having suicidal thoughts or experiencing any kind of emotional distress

Contact info: Call or text **988** anytime

911

When to use: If there is an immediate, life-threatening emergency

Contact info: Call **911** anytime (be sure to tell them this is because of a mental health crisis)

UnitedHealthcare Connected® for MyCare Ohio (Medicare-Medicaid plan) is a health plan that contracts with both Medicare and Ohio Medicaid to provide benefits of both programs to enrollees.