

× GetSetUp

Join Over 4 Million Older Adults Who Love GetSetUp

UnitedHealthcare offers GetSetUp to provide free virtual programming for older adults taught by peers - ask questions, make new friends, learn new things and have fun.

Try an Online Class Today!
getsetup.io/partner/indiana

4,000+ Online Classes Across Multiple Categories.

Mental Enrichment

- Creative Writing
- Heart Healthy Cooking

Social Connection

- Music Fun Hour
- Game Time

Technology

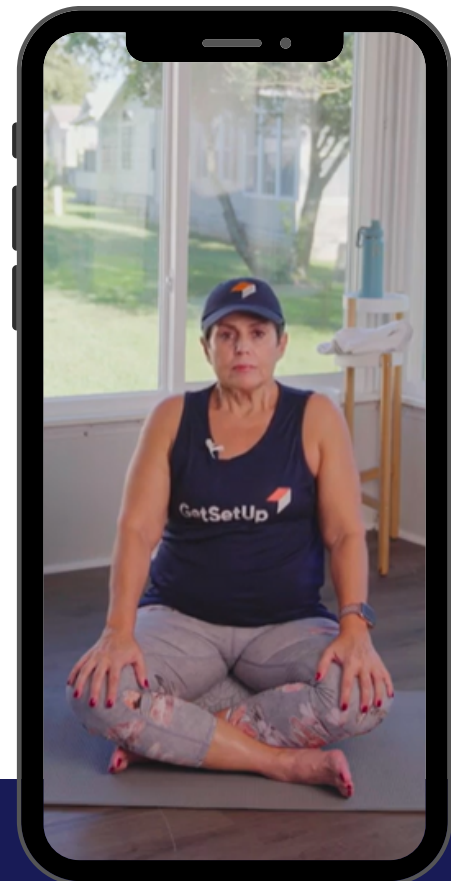
- iPhone Basics
- Google Search- Tips & Tricks

Physical Fitness

- Morning Fitness
- Core & Stretch Movement

Health and Wellness

- Chair Yoga
- Energy & Purpose



Terri T.

"I'm leading groups, taking nursing and social work classes to build my curriculum, and using my new Google Slide skills to present. Thank you, GetSetUp, for helping me to get my life back."



getsetup.io/partner/indiana

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