## **Need help contacting your Service Coordinator?**

Ask Member Services. We can give you their name and direct phone number. Call **1-800-832-4643**, TTY **711**, 8 a.m.-8 p.m., Monday-Friday.





UnitedHealthcare Community Plan of Indiana complies with applicable federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, religion, or sex.

Services to help you communicate with us are provided at no cost to members, such as other languages or large print. Or, you can ask for an interpreter. To ask for help, please call Member Services at 1-800-832-4643, TTY 711, 8 a.m.-8 p.m. EST, Monday-Friday.

UnitedHealthcare Community Plan of Indiana cumple con las leyes federales de derechos civiles aplicables y no discrimina, excluye ni trata a las personas de forma diferente por raza, color, nacionalidad, edad, discapacidad, religión o sexo.

Se proporcionan servicios para ayudarle a comunicarse con nosotros, tales como otros idiomas o letra grande, sin costo para los miembros. O bien, puede solicitar un intérprete. Para pedir ayuda, por favor llame a Servicios para Miembros al 1-800-832-4643, TTY 711, de 8 a.m. a 8 p.m. EST, de lunes a viernes.

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## Get the care and support you need to live safely on your own

The Indiana PathWays for Aging program gives members access to a wide range of home- and community-based services (HCBS). These services help members live independently.

You must qualify for the services offered through HCBS. Then certain services will be added to your personal service plan. Talk with your Service Coordinator to line up the right mix of services to fit your individual needs.





Here's a full list of services you could get with HCBS:	
Adult day health service	Regularly scheduled group programs that provide structure and opportunities for socializing
Adult day services	3 levels start with help for daily activities like dressing, bathing and grooming, plus medication assistance, up to more intensive support for people with dementia or other mental challenges
Adult family care	Allows up to 4 people to live in the same home as a non-family caregiver
Assisted living facility	Covers room and board, plus 3 levels of support up to and including 24-hour on-site assistance from staff if/when needed
Attendant care	Nursing facility level of care, delivered by a paid personal attendant
Caregiver coaching and behavior management	Educates lay caregivers for members with long-term medical conditions or mental challenges
Community transition services	Pays certain expenses (such as moving costs or for basic furniture) for members who move from a nursing facility to living on their own
Home modifications	Covers grab bars in the shower, ramps and many other types of equipment to help improve safety and accessibility at home
Community transportation	Rides that enable members to access the community services, activities and resources listed in their service plan

Home- and commi	unity-based services (HCBS) cont'd:
Home-delivered meals	Daily meals to help members keep a healthy diet
Nutritional supplements	Drinks like Boost® and Ensure® to help members maintain their health
Personal Emergency Response System (PERS)	An electronic device connects you to help anytime 24/7
Pest control	Helps stop insects, rodents and other pests that can spread disease
Respite	Temporary, short-term relief to give caregivers a break from their duties
Specialized medical equipment	Items ranging from slip-resistant socks and medication dispensers to a stroller or lift chair, which help protect members' health and safety
Structured family caregiving	Lets you live with a main caregiver who provides daily care and support in your home or theirs
Vehicle modifications	Adaptive equipment and other changes to help make a member's vehicle safe to drive or ride in

**Note:** A waiver is required for any and all services available through HCBS. Talk to your Service Coordinator for help to apply for the services you need.



**Learn more.** Contact your Service Coordinator to see what HCBS can do for you. Or, scan this code to learn more.