

Disease Management Programs

UnitedHealthcare has special programs to help members with ongoing health conditions. These programs, called disease management programs, help keep your child healthy. UnitedHealthcare has disease management programs for these conditions:

- Asthma
- Cardiac Care
- Diabetes
- Growth Disorders
- Healthy First Steps (pregnancy)
- Kidney Disease
- Rheumatoid Arthritis

HELP FOR YOUR CONDITION

UnitedHealthcare has special programs to help members with ongoing health conditions. These programs, called disease management programs, help keep your child healthy. Disease management programs offer things like:

- Education about your child's condition over the telephone with a nurse specializing in that condition.
- Pamphlets and flyers offering tips about keeping your child's condition under control.
- A care manager to work with your child's doctor to help your child achieve the best health possible.

There are two levels of Care Management. The difference is how often the care manager will contact you and your child. The care managers will review your child's condition and how it affects his/her life. They will make the program fit your child's needs. They will work with your child's doctor on the best treatment plan for him/her. All members with these conditions can ask to join a disease management program, no matter how serious their condition is.

JOINING THE PROGRAM

UnitedHealthcare reaches out to members who have ongoing health conditions, based on claims that we receive. For example, if we see that your child was treated in the emergency room for an asthma attack, our asthma care managers will call and offer you help managing your child's asthma. Your child's doctor may call and request that we help your child with his/her care. Also, you can call Member Services and ask that your child be included a disease management program.

WORKING WITH YOUR CHILD'S DOCTOR

Your child's doctor will be sent a letter when your child enrolls in a disease management program. Every 3 months, your child's doctor will also get a letter saying how your child is doing. Care managers coordinate UnitedHealthcare services and help your child follow his/her doctor's treatment plan.

HEALTHY FIRST STEPS (PREGNANCY)

Healthy First Steps is a program that offers support for women who are going to have a baby. If your child becomes pregnant, please call Healthy First Steps at 1.877.651.6667. In addition please call the DOM as soon as possible so Medicaid can evaluate your child's eligibility as a pregnant minor for coverage under Medicaid.

Prenatal care is when a pregnant woman visits the doctor during her pregnancy. Prenatal care lets your child's doctor see how well the pregnancy is going and whether there are any problems. Even if a woman has been pregnant before, she should still visit her doctor regularly. It is best if your child gets all of her prenatal care from the same doctor during her pregnancy. UnitedHealthcare recommends that your child see the doctor at least ten times during her pregnancy. She will also need to go back to her doctor 21 to 56 days after delivery (postpartum care) to make sure both she and her baby are healthy.

