

## **Summary of** Benefits 2025

**UHC Dual Complete TX-D001 (PPO D-SNP)** H2406-050-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



UHC.com/CommunityPlan



Toll-free **1-844-560-4944**, TTY **711** 

8 a.m.-8 p.m. local time, 7 days a week

United Healthcare<sup>®</sup> **Dual Complete** 

# **Summary of Benefits**

## January 1, 2025 - December 31, 2025

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **MyUHC.com/ CommunityPlan** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

## **UHC Dual Complete TX-D001 (PPO D-SNP)**

Medical premium, deductible and limits	5	
	In-network	Out-of-network
Monthly plan premium	\$0 You need to continue to pay your Medicare Part B premium	
Annual medical deductible	Your medical deductible is \$257 combined in and out-of-network for covered medical services you receive from providers as described in the Plan Deductible chart later in this document. Until you have paid the deductible amount, you must pay the full cost of your covered medical services.	
Maximum out-of-pocket amount (does not include prescription drugs)	\$9,350	\$14,000
not morado procentian drago,	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from any provider.
	Out-of-pocket costs paid for drugs are not included in t	
Medicare cost-sharing	If you have full Medicaid benefits or are a Qualified Medicare Beneficiary (QMB), you will pay \$0 for your Medicare-covered services as noted by the cost-sharing in this chart.	If you are a QMB or have full Medicaid benefits and your provider accepts Medicaid, you will pay \$0 for your Medicare-covered services. Otherwise, you will pay the cost-sharing amount as noted in this chart.

Medical benefits				
		In-network		Out-of-network
Inpatient hospital care <sup>2</sup> Our plan covers an unlimited number of days for an inpatient hospital stay.		\$0 copay per sta \$2,000 copay pe	•	40% coinsurance per stay
Outpatient hospital Cost-sharing for additional plan covered services will apply.	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay for a colonoscopy \$0 copay or 20% coinsurance others		40% coinsurance
	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay for a colonoscopy \$0 copay or 20% coinsurance others		40% coinsurance
	Outpatient hospital observation services <sup>2</sup>	\$0 copay or 20% coinsurance		40% coinsurance
Doctor visits	Primary care provider	\$0 copay or 20% coinsurance	, )	40% coinsurance
	Specialists <sup>2</sup>	\$0 copay or 20% coinsurance	Ď	40% coinsurance
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video		·
Preventive services	Routine physical	\$0 copay, 1 per	year*	40% coinsurance, 1 per year*
	Medicare-covered	\$0 copay		\$0 copay - 40% coinsurance (depending on the service)
	<ul> <li>□ Abdominal aort screening</li> <li>□ Alcohol misuse</li> <li>□ Annual wellnes</li> <li>□ Bone mass me</li> <li>□ Breast cancer s (mammogram)</li> <li>□ Cardiovascular (behavioral the</li> </ul>	e counseling s visit asurement screening disease	☐ Cervice screen ☐ Colore (color test, fl	ectal cancer screenings noscopy, fecal occult blood exible sigmoidoscopy) ession screening tes screenings and

Medical benefits			
		In-network	Out-of-network
	screening  Medical nutrition services  Medicare Diabour Program (MDP)  Obesity screen counseling  Prostate cance (PSA)  Any additional previount contract year will be	rith low dose ography (LDCT) on therapy etes Prevention PP) nings and er screenings rentive services apple covered. eventive care screenings	□ Sexually transmitted infections screenings and counseling □ Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease) □ Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19 □ "Welcome to Medicare" preventive visit (one-time)
Emergency care		care outside the admitted to the I inpatient hospital	0 copay (\$0 copay for emergency United States) per visit. If you are nospital within 24 hours, you pay the al copay instead of the Emergency the "Inpatient Hospital Care" section or other costs.
Urgently needed se	ervices		copay (\$0 copay for urgently needed the United States) per visit
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay for each diagnostic mam \$0 copay or 20% coinsurance oth	mogram 6
	Lab services <sup>2</sup>	\$0 copay	\$0 copay
	Diagnostic tests and procedures <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Therapeutic radiology <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Outpatient X-rays <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance

Medical benefits			
		In-network	Out-of-network
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Routine hearing exam	\$0 copay, 1 per year*	40% coinsurance, 1 per year*
	Hearing aids <sup>2</sup>	\$2,200 allowance every ye	ear for 2 hearing aids*
		brand-name prescript  Access to one of the hearing professionals locations  3-year manufacturer v	largest national networks of with more than 7,000 warranty on all prescription trial period and damage or
Routine Preventive and		\$1,500 allowance for all co	overed dental services*
dental benefits	comprehensive <sup>2</sup>	\$0 copay for covered preventive and comprehensive services like cleanings, fillings and crowns	
Vision services  Exam to diagnose and treat diseases and conditions of the eye²  Eyewear after cataract surgery	\$0 copay	40% coinsurance	
	•	\$0 copay	40% coinsurance
	Routine eye exam	\$0 copay, 1 per year*	40% coinsurance, 1 per year*

Medical benefits			
		In-network	Out-of-network
	Routine eyewear	<ul> <li>\$200 allowance for 1 pair of frames or contacts*</li> <li>• Free standard prescription lenses including single vision, bifocals, trifocals and Tier I (standard) progressives — all with scratch-resistant coating</li> <li>• Access to one of Medicare Advantage's large national networks of vision providers and reta providers</li> <li>• Eyewear available from many online providers including Warby Parker and GlassesUSA</li> </ul>	
Mental health	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	\$0 copay per stay, or; \$2,000 copay per stay	40% coinsurance per stay
	Outpatient group therapy visit <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Outpatient individual therapy visit <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Skilled nursing factors (Stay must meet Macriteria) Our plan covers up SNF.	edicare coverage	\$0 copay per day: days 1-100, or; \$0 copay per day: days 1-20 \$209.50 copay per day: days 21-100	40% coinsurance per stay, up to 100 days
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Occupational Therapy Visit <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video	

Medical benefits			
		In-network	Out-of-network
Ambulance <sup>2</sup> Your provider must obtain prior authorization for non-emergency transportation.		\$0 copay or 20% coinsurance for ground \$0 copay or 20% coinsurance for air	20% coinsurance for ground 20% coinsurance for air
Routine transporta	ation	\$0 copay for 48 one-way trips to or from approved medically related appointments and pharmacies*	75% coinsurance*
Medicare Part B prescription drugs In-network cost sharing shown is the maximum you	Chemotherapy drugs <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Part B covered insulin <sup>2</sup>	\$0 copay or 20% coinsurance, up to \$35	40% coinsurance
will pay for Part B prescription drugs. You may pay less for certain drugs.	Other Part B drugs <sup>2</sup> Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	\$0 copay or 20% coinsurance	40% coinsurance

## Good news for 2025

The Coverage Gap, or "donut hole", has been eliminated and your out-of-pocket maximum cost is lower than ever. That means you're more protected from high drug costs in 2025.

Prescription drugs	
Deductible	\$0
Initial Coverage	30-day^ or 100-day supply from a retail or mail order network pharmacy
All covered drugs <sup>3</sup>	\$0 copay (Some covered drugs are limited to a 30-day supply)

<sup>^</sup>Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

<sup>&</sup>lt;sup>3</sup> You will pay a maximum of \$0 for each 1-month supply of Part D covered insulin drugs.

Additional benefit	s		
		In-network	Out-of-network
Acupuncture services	Routine acupuncture services	\$0 copay, 6 visits per year*	40% coinsurance, 6 visits per year*
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Routine chiropractic services	\$0 copay, 6 visits per year*	40% coinsurance, 6 visits per year*
Diabetes management	Diabetes monitoring supplies <sup>2</sup>	\$0 copay  We only cover Accu- Chek® and OneTouch® brands.  Covered glucose monitors include: OneTouch Verio Flex®, OneTouch® Ultra 2, Accu-Chek® Guide Me and Accu-Chek® Guide.  Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus and Accu-Chek® SmartView.  Other brands are not covered by your plan.	40% coinsurance
	Diabetes self- management training	\$0 copay	40% coinsurance
	Therapeutic shoes or inserts <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance

		In-network	Out-of-network
Durable medical equipment (DME) and related	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
supplies	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
Fitness program		\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no cost and includes:    Free gym membership   Access to a large national network of gyms and fitness locations   On-demand workout videos and live streaming fitness classes   Online memory fitness activities	
Foot care (podiatry services)	Foot exams and treatment <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Routine foot care	\$0 copay, 4 visits per year*	40% coinsurance, 4 visits per year*
Home health care <sup>2</sup>		\$0 copay	\$0 copay
Hospice		approved hospice. You r	pice care from any Medicaremay have to pay part of the ite care. Hospice is covered tside of our plan.
Opioid treatment program services <sup>2</sup>		\$0 copay	\$0 copay
Outpatient substance use disorder services	Outpatient group therapy visit <sup>2</sup>	\$0 copay or 20% coinsurance	40% coinsurance
	Outpatient individual therapy	\$0 copay or 20% coinsurance	40% coinsurance

Additional benefits		
	In-network	Out-of-network
Food, over-the-counter (OTC) and utility bill credit	\$100 credit every month to pay for OTC product healthy food and utility bills	
	□Choose from thousan first aid, pain relievers	ds of OTC products, like and more
	□Buy healthy foods like meat, seafood, dairy μ	e fruits and vegetables, products and water
	□Pay home utility bills I and internet	ike electricity, heat, water
		participating stores, algreens, Dollar General phborhood stores near you
Renal dialysis <sup>2</sup>	\$0 copay or 20% coinsurance	20% coinsurance

<sup>&</sup>lt;sup>2</sup> May require your provider to get prior authorization from the plan for in-network benefits. \*Benefits are combined in and out-of-network

#### Plan deductible

Your plan has a deductible for certain services. The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of services we cover.

The deductible applies to the following Medicare-covered benefit categories, unless otherwise specified.

## **Annual medical deductible**

Your deductible is \$257 per year for covered medical services you receive from providers as described below. Until you have paid the deductible amount, you must pay the full cost of your covered medical services.

## Here's how it works:

- 1. You pay your plan's deductible in full; then,
- 2. You pay your copay or coinsurance; finally,
- 3. Your plan pays the rest.

The deductible applies in and out-of-network to the following Medicare-covered benefit categories, unless otherwise specified:

In-network List of applicable services	Out-of-network List of applicable services
Outpatient hospital  Ambulatory surgical center (ASC), excluding diagnostic colonoscopy  Outpatient hospital, including surgery, excluding diagnostic colonoscopy  Outpatient hospital observation services	Outpatient hospital  Ambulatory surgical center (ASC)  Outpatient hospital, including surgery  Outpatient hospital observation services
Doctor visits  ☐ Primary ☐ Specialists	Doctor visits  ☐ Primary ☐ Specialists
Diagnostic tests, lab and radiology services, and X-rays  Diagnostic radiology services (e.g. MRI), excluding diagnostic mammogram  Lab services Diagnostic tests and procedures Therapeutic radiology Outpatient X-rays	Diagnostic tests, lab and radiology services, and X-rays  Diagnostic radiology services (e.g. MRI)  Lab services Diagnostic tests and procedures Therapeutic radiology Outpatient X-rays
Hearing services	Hearing services

<ul> <li>Exam to diagnose and treat hearing and balance issues</li> </ul>	<ul> <li>Exam to diagnose and treat hearing and balance issues</li> </ul>
Vision services	Vision services
<ul> <li>Exam to diagnose and treat diseases and conditions of the eye</li> </ul>	<ul> <li>Exam to diagnose and treat diseases and conditions of the eye</li> </ul>
☐ Eyewear after cataract surgery	☐ Eyewear after cataract surgery
Mental health  ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit	Mental health  ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit
Physical therapy and speech and language therapy visit	Physical therapy and speech and language therapy visit
Ambulance	Ambulance
Medicare Part B drugs  ☐ Chemotherapy drugs ☐ Other Part B drugs	Medicare Part B drugs  ☐ Chemotherapy drugs ☐ Other Part B drugs
Chiropractic services  Manual manipulation of the spine to correct subluxation	Chiropractic services  ☐ Manual manipulation of the spine to correct subluxation
Diabetes management  ☐ Diabetes monitoring supplies ☐ Therapeutic shoes or inserts	Diabetes management  ☐ Diabetes monitoring supplies ☐ Diabetes self-management training ☐ Therapeutic shoes or inserts
Durable medical equipment (DME) and related supplies  □ Durable medical equipment (e.g. wheelchairs, oxygen)  □ Prosthetics (e.g., braces, artificial limbs)	Durable medical equipment (DME) and related supplies  □ Durable medical equipment (e.g. wheelchairs, oxygen) □ Prosthetics (e.g., braces, artificial limbs)
Foot care  ☐ Foot exams and treatment	Foot care  ☐ Foot exams and treatment
Occupational therapy visit	Occupational therapy visit
Opioid treatment program services	Opioid treatment program services
Outpatient substance use disorder services  Outpatient group therapy visit Outpatient individual therapy visit	Outpatient substance use disorder services  Outpatient group therapy visit Outpatient individual therapy visit
Renal dialysis	Renal dialysis

Inpatient services			
☐ Inpatient hospital			
☐ Inpatient mental health			
Skilled nursing facility (SNF)			
Skilled nursing facility (SNF)			

### **Medicaid Benefits**

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what Texas Medicaid Health and Human Services Commission covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Texas Medicaid Health and Human Services Commission, 1-512-424-6500.

Benefits	Medicaid	UHC Dual Complete TX- D001 (PPO D-SNP)
Inpatient Hospital Care	Covered	Covered
<b>Doctor Office Visits</b>	Covered	Covered
Preventive Care	Covered	Covered
<b>Emergency Care</b>	Covered	Covered
Urgently Needed Services	Covered	Covered
Diagnostic Tests Lab and Radiology Services and X-Rays	Covered	Covered
Hearing Services	Covered	Covered
Dental Services	Covered	Covered
Vision Services	Covered	Covered
Inpatient Mental Health Care	Covered	Covered
Mental Health Care	Covered	Covered
Skilled Nursing Facility (SNF)	Covered	Covered
Ambulance	Covered	Covered
Transportation (Routine)	Covered	Covered
Prescription Drug Benefits	Covered	Covered
Chiropractic Care	Covered	Covered
Diabetes Supplies and Services	Covered	Covered
Durable Medical Equipment	Covered	Covered
Foot Care	Covered	Covered
Home Health Care	Covered	Covered
Hospice	Covered with Limitations	Covered

Benefits	Medicaid	UHC Dual Complete TX- D001 (PPO D-SNP)
Outpatient hospital services	Covered	Covered
Renal Dialysis	Covered	Covered
Prosthetic Devices	Covered	Covered

## About this plan

UHC Dual Complete TX-D001 (PPO D-SNP) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid. How much Medicaid covers depends on your income, resources, and other factors.

You can enroll in this plan if you are in one of these Medicaid categories:

- Qualified Medicare Beneficiary Plus (QMB+): You get Medicaid coverage of Medicare
  cost-share and are also eligible for full Medicaid benefits. Medicaid pays your Part A and
  Part B premiums, deductibles, coinsurance, and copayment amounts for Medicare covered
  services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Qualified Medicare Beneficiary (QMB): You get Medicaid coverage of Medicare cost-share but are not eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles, coinsurance, and copayment amounts only for Medicare covered services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Qualifying Individual (QI): Medicaid pays your part B premium only. The State Medicaid Office does not pay your cost-share. You do not have full Medicaid benefits. You pay the cost share amounts listed in the chart below. There may be some services that do not have a member cost share amount.
- Specified Low-Income Medicare Beneficiary (SLMB+): Medicaid pays your Part B premium and provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from your state Medicaid agency in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.
- Specified Low-Income Medicare Beneficiary (SLMB): Medicaid pays your Part B premium only. The State Medicaid Office does not pay your cost-share. You do not have full Medicaid benefits. There may be some services that do not have a member cost share amount.
- Full Benefits Dual Eligible (FBDE): Medicaid may provide limited assistance with Medicare cost-sharing. Medicaid also provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from the State Medicaid Office in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes the following county in:

Texas: El Paso.

## Use network providers and pharmacies

UHC Dual Complete TX-D001 (PPO D-SNP) has a network of doctors, hospitals, pharmacies and other providers. With this plan, you have the freedom to see any provider nationwide that accepts Medicare. Plus, you have the flexibility to access a network of local providers. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **UHC.com/CommunityPlan** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

## **Required Information**

UHC Dual Complete TX-D001 (PPO D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-944-4983 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-944-4983, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

## Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

#### Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-450 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

#### Fitness program

Participation in the fitness program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The fitness program includes standard fitness membership and other offerings. Fitness membership equipment, classes, activities and events may vary by location. Certain services, discounts, classes, activities, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan.

AARP® Staying Sharp® is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

#### Food, over-the-counter (OTC) and utility bill credit

Food, OTC and utility benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Eligibility for healthy food, utilities and \$0 copay for Rx benefits under the Value-Based Insurance Design model is limited to members with Extra Help from Medicare, and will be verified after enrollment.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. Prescriptions from the pharmacy should arrive within 5 business days after we receive the complete order. There may be other pharmacies in our network.

#### **Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.