

Summary of Benefits 2024

UHC Dual Complete WA-D001 (PPO D-SNP) H0271-044-000

Look inside to learn more about the plan and the health and drug services it covers. Call Customer Service or go online for more information about the plan.



♠ Toll-free 1-844-560-4944, TTY 711 8 a.m.-8 p.m. local time, 7 days a week



UHC.com/Medicare

United Healthcare[®] **Dual Complete**

Summary of Benefits

January 1, 2024 - December 31, 2024

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **myuhc.com/communityplan** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

UHC Dual Complete WA-D001 (PPO D-SNP)

Medical premium, deductible and limits		
	In-network	Out-of-network
Monthly plan premium	\$40.60	
Annual medical deductible	Your medical deductible is \$240 combined in and out-of-network for covered medical services you receive from providers as described in the Plan Deductible chart later in this document. Until you have paid the deductible amount, you must pay the full cost of your covered medical services.	
Maximum out-of-pocket amount (does	\$8,850	\$13,300
not include prescription drugs)	-	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from any provider. You will still need to pay your pocket costs paid for your are not included in this
Medicare cost-sharing	If you have full Medicaid benefits or are a Qualified Medicare Beneficiary (QMB), you will pay \$0 for your Medicare-covered services as noted by the cost-sharing in this chart.	If you are a QMB or you have full Medicaid benefits and your provider accepts Medicaid, you will pay \$0 for your Medicare-covered services. Otherwise, you will pay the cost-sharing amount as noted in this chart.

Medical benefits			
		In-network	Out-of-network
Inpatient hospital Our plan covers andays for an inpatien	unlimited number of	\$0 copay per stay, or; \$1,890 copay per stay	30% coinsurance per stay
Outpatient hospital Cost-sharing for additional plan covered services will apply.	Ambulatory surgical center (ASC) ²	\$0 copay for a colonoscopy \$0 copay or 20% coinsurance otherwise	30% coinsurance
	Outpatient hospital, including surgery ²	\$0 copay for a colonoscopy \$0 copay or 20% coinsurance otherwise	30% coinsurance
	Outpatient hospital observation services ²	\$0 copay or 20% coinsurance	30% coinsurance
Doctor visits	Primary care provider	\$0 copay or 20% coinsurance	30% coinsurance
	Specialists ²	\$0 copay or 20% coinsurance	30% coinsurance
	Virtual medical visits	\$0 copay to talk with a ne online through live audio	•
Preventive services	Routine physical	\$0 copay, 1 per year*	30% coinsurance, 1 per year*
	Medicare-covered	\$0 copay	\$0 copay - 30% coinsurance (depending on the service)
	 Abdominal aor screening Alcohol misuse Annual wellnes Bone mass me Breast cancer s (mammogram) 	(beh counseling Card so visit Cerv screening Colo (colo	diovascular disease avioral therapy) diovascular screening rical and vaginal cancer ening rectal cancer screenings choscopy, fecal occult blood flexible sigmoidoscopy)

	In-network	Out-of-network	
Any	Depression screening Diabetes screenings and monitoring Hepatitis C screening HIV screening Lung cancer with low dose computed tomography (LDCT) screening Medical nutrition therapy services Medicare Diabetes Prevention Program (MDPP) Obesity screenings and counseling additional preventive services appract year will be covered.	 Prostate cancer screenings (PSA) Sexually transmitted infections screenings and counseling Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease) Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19 "Welcome to Medicare" preventive visit (one-time) 	
Emergency care	care outside the admitted to the inpatient hospita Care copay. See	\$0 copay or \$100 copay (\$0 copay for emergency care outside the United States) per visit. If you are admitted to the hospital within 24 hours, you pay th inpatient hospital copay instead of the Emergency Care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.	
Urgently needed service	s \$0 copay or \$40	crotner costs. copay (\$0 copay for urgently needed the United States) per visit	

Medical benefits			
		In-network	Out-of-network
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) ²	\$0 copay for each diagnostic mammogram \$0 copay or 20% coinsurance otherwise	30% coinsurance
	Lab services ²	\$0 copay	\$0 copay
	Diagnostic tests and procedures ²	\$0 copay or 20% coinsurance	30% coinsurance
	Therapeutic radiology ²	\$0 copay or 20% coinsurance	30% coinsurance
	Outpatient X-rays ²	\$0 copay or 20% coinsurance	30% coinsurance
Hearing services	Exam to diagnose and treat hearing and balance issues ²	\$0 copay or 20% coinsurance	30% coinsurance
	Routine hearing exam	\$0 copay, 1 per year*	30% coinsurance, 1 per year*
	Hearing aids ²	\$1,100 allowance for a bro brand-name prescription h	
		hearing professionals locations • Broad range of popula Beltone™, Oticon, Pho Starkey®, Unitron™ an • 3-year manufacturer wa	r hearing aids including onak, ReSound, Signia, ad Widex® arranty on all prescription trial period and damage or

Medical benefits			
		In-network	Out-of-network
Routine dental benefits	Preventive and comprehensive ²	services like cleanings, fill No annual deductible Medicare Advantage' network Freedom to see any of If you choose to see a	ventive and comprehensive ings and crowns s largest national dental
Vision services	Exam to diagnose and treat diseases and conditions of the eye ² Eyewear after	\$0 copay \$0 copay	30% coinsurance 30% coinsurance
	cataract surgery		
	Routine eye exam	\$0 copay, 1 per year*	30% coinsurance, 1 per year*
	Routine eyewear	national networks of varietwork • Free standard prescrisingle vision, bifocals (standard) progressive coating • Savings when upgrade UV/anti-reflective coal lenses • Eyewear available from	licare Advantage's largest vision provider and retail ption lenses including

Medical benefits		In-network	Out-of-network
Mental health	Inpatient visit ² Our plan covers 90 days for an inpatient hospital stay	\$0 copay per stay, or; \$1,890 copay per stay	30% coinsurance per stay
	Outpatient group therapy visit ²	\$0 copay or 20% coinsurance	30% coinsurance
	Outpatient individual therapy visit ²	\$0 copay or 20% coinsurance	30% coinsurance
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Skilled nursing facility (SNF) ² (Stay must meet Medicare coverage criteria) Our plan covers up to 100 days in a		\$0 copay per day: days 1-100, or; \$0 copay per day: days 1-20 \$204 copay per day: days 21-100	\$0 copay per day: days 1-20 \$204 copay per day: days 21-100
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit ²	\$0 copay or 20% coinsurance	30% coinsurance
	Occupational Therapy Visit ²	\$0 copay or 20% coinsurance	30% coinsurance
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Ambulance ² Your provider must obtain prior authorization for non-emergency transportation.		\$0 copay or 20% coinsurance for ground \$0 copay or 20% coinsurance for air	20% coinsurance for ground 20% coinsurance for air

Medical benefits			
		In-network	Out-of-network
Routine transporta	ation	\$0 copay for 36 one-way trips to or from approved locations, such as medically related appointments, gyms and pharmacies*	75% coinsurance*
prescription drugs In-network cost sharing shown is the maximum you will pay for Part B	Chemotherapy drugs ²	\$0 copay or 20% coinsurance	30% coinsurance
	Part B covered insulin ²	\$0 copay or 20% coinsurance, up to \$35	30% coinsurance
	Other Part B drugs ²	\$0 copay or 20% coinsurance	30% coinsurance
pay less for certain drugs.	Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.		

Prescription drugs

Annual

Prescription **Deductible**

30-day[^] or 100-day supply from a retail or mail order network pharmacy

All covered drugs \$0 copay

\$0

(Some covered drugs are limited to a 30-day supply)

[^]Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

		In-network	Out-of-network
Acupuncture	Routine acupuncture	\$0 copay, 12 visits per year*	30% coinsurance, 12 visits per year*
Chiropractic care	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) ²	\$0 copay or 20% coinsurance	30% coinsurance
	Routine chiropractic care	\$0 copay, 12 visits per year*	30% coinsurance, 12 visits per year*
Diabetes management	Diabetes monitoring supplies ²	\$0 copay We only cover Accu- Chek® and OneTouch® brands. Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide. Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView. Other brands are not covered by your plan.	30% coinsurance
	Diabetes self- management training	\$0 copay	30% coinsurance
	Therapeutic shoes or inserts ²	\$0 copay or 20% coinsurance	30% coinsurance

Additional benefits			
		In-network	Out-of-network
Durable medical equipment (DME) and related supplies	DME (e.g., wheelchairs, oxygen) ²	\$0 copay or 20% coinsurance	30% coinsurance
	Prosthetics (e.g., braces, artificial limbs) ²	\$0 copay or 20% coinsurance	30% coinsurance
\$0 copay for Renew Active® • A free gym membership at a gym near y • Access to the largest national network of and fitness locations • Access to many premium gyms and fitnest locations • An annual personalized fitness plan • Members who need help can bring a word assistant to the gym • Access to thousands of on-demand word videos and live streaming fitness classes • Social activities at local health and well reclasses, clubs and events • Online Fitbit® Community for Renew Activities at local health and well reclasses to the AARP® Staying Sharp® Access to the AAR		ship at a gym near you t national network of gyms is mium gyms and fitness zed fitness plan help can bring a workout is of on-demand workout iming fitness classes cal health and wellness vents nunity for Renew Active — no	
Foot care (podiatry services)	Foot exams and treatment ²	\$0 copay or 20% coinsurance	30% coinsurance
	Routine foot care	\$0 copay, 4 visits per year*	30% coinsurance, 4 visits per year*
Meal benefit ²			elivered meals immediately dization or skilled nursing
Home health care ²		\$0 copay	30% coinsurance
Hospice		You pay nothing for hospice care from any Medica approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covere by Original Medicare, outside of our plan.	
Nurse Hotline		Speak with a registered nurse (RN) 24 hours a day, days a week	
Opioid treatment program services ² \$0 copay \$0 copay		\$0 copay	

Additional benefits	•		
		In-network	Out-of-network
Outpatient substance abuse	Outpatient group therapy visit ²	\$0 copay or 20% coinsurance	30% coinsurance
	Outpatient individual therapy visit ²	\$0 copay or 20% coinsurance	30% coinsurance
	Food, Over-the-Counter (OTC) and Utility Bill Credit sills \$159 credit every month to pay for healthy foo products and utility bills		to pay for healthy food, OTC
		□Buy healthy foods lik meat, seafood, dairy	e fruits and vegetables, products and water
		Choose from thousands of OTC products, like toothpaste, first aid, bladder control pads and more	
		□Pay home utility bills and internet	like electricity, heat, water
		□Shop at thousands o including Walmart, W or at neighborhood s	/algreens, Kroger and CVS,
Personal emergen system	cy response	(PERS). Help is only a but	ct you to the help you need,
Renal Dialysis ²		\$0 copay or 20% coinsurance	20% coinsurance

² May require your provider to get prior authorization from the plan for in-network benefits.

^{*}Benefits are combined in and out-of-network

Plan deductible

Your plan has a deductible for certain services. The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. The Evidence of Coverage (EOC) provides a complete list of services we cover.

The deductible applies to the following Medicare-covered benefit categories, unless otherwise specified.

Annual medical deductible

Your deductible is \$240 per year for covered medical services you receive from providers as described below. Until you have paid the deductible amount, you must pay the full cost of your covered medical services.

Here's how it works:

- 1. You pay your plan's deductible in full; then,
- 2. You pay your copay or coinsurance; finally,
- 3. Your plan pays the rest.

The deductible applies in and out-of-network to the following Medicare-covered benefit categories, unless otherwise specified:

In-network List of applicable services	Out-of-network List of applicable services
Outpatient hospital	Outpatient hospital
☐ Ambulatory surgical center (ASC), excluding	☐ Ambulatory surgical center (ASC)
diagnostic colonoscopy	☐ Outpatient hospital, including surgery
 Outpatient hospital, including surgery, excluding diagnostic colonoscopy 	☐ Outpatient hospital observation services
☐ Outpatient hospital observation services	
Doctor visits	Doctor visits
☐ Primary	☐ Primary
□ Specialists	□ Specialists
Diagnostic tests, lab and radiology services, and X-rays □ Diagnostic radiology services (e.g. MRI), excluding diagnostic mammogram □ Lab services □ Diagnostic tests and procedures □ Therapeutic radiology □ Outpatient X-rays	Diagnostic tests, lab and radiology services, and X-rays □ Diagnostic radiology services (e.g. MRI) □ Lab services □ Diagnostic tests and procedures □ Therapeutic radiology □ Outpatient X-rays
Hearing services	Hearing services
 Exam to diagnose and treat hearing and balance issues 	 Exam to diagnose and treat hearing and balance issues

Vision services	Vision services
 Exam to diagnose and treat diseases and conditions of the eye 	☐ Exam to diagnose and treat diseases and conditions of the eye
☐ Eyewear after cataract surgery	☐ Eyewear after cataract surgery
Mental health ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit	Mental health ☐ Outpatient group therapy visit ☐ Outpatient individual therapy visit
Physical therapy and speech and language therapy visit	Physical therapy and speech and language therapy visit
Ambulance	Ambulance
Medicare Part B drugs ☐ Chemotherapy drugs ☐ Other Part B drugs	Medicare Part B drugs ☐ Chemotherapy drugs ☐ Other Part B drugs
Chiropractic care ☐ Manual manipulation of the spine to correct subluxation	Chiropractic care ☐ Manual manipulation of the spine to correct subluxation
Diabetes management ☐ Diabetes monitoring supplies ☐ Therapeutic shoes or inserts	Diabetes management ☐ Diabetes monitoring supplies ☐ Diabetes self-management training ☐ Therapeutic shoes or inserts
Durable medical equipment (DME) and related supplies Durable medical equipment (e.g. wheelchairs, oxygen) Prosthetics (e.g., braces, artificial limbs)	Durable medical equipment (DME) and related supplies □ Durable medical equipment (e.g. wheelchairs, oxygen) □ Prosthetics (e.g., braces, artificial limbs)
Foot care	Foot care
☐ Foot exams and treatment	☐ Foot exams and treatment
Occupational therapy visit	Occupational therapy visit
Opioid treatment program services	Opioid treatment program services
Outpatient substance abuse Outpatient group therapy visit Outpatient individual therapy visit	Outpatient substance abuse Outpatient group therapy visit Outpatient individual therapy visit
Renal dialysis	Renal dialysis
	Inpatient services ☐ Inpatient hospital ☐ Inpatient mental health
	Skilled nursing facility (SNF)
	Home health care

Medicaid Benefits

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what Washington State Health Care Authority covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Washington State Health Care Authority, 1-800-562-3022.

Benefits		
	Medicaid	UHC Dual Complete WA-D001 (PPO D-SNP)
Inpatient Hospital Care	Covered	Covered
Doctor Office Visits	Covered	Covered
Preventive Care	Covered	Covered
Emergency Care	Covered	Covered
Urgently Needed Services	Covered	Covered
Diagnostic Tests Lab and Radiology Services and X-Rays	Covered	Covered
Hearing Services Hearing aids covered FFS	Not covered	Covered
Dental Services Child dental covered FFS	Not covered	Covered
Vision Services Vision hardware covered FFS	Not covered	Covered
Inpatient Mental Health Care	Covered	Covered
Mental Health Care	Covered	Covered
Skilled Nursing Facility (SNF)	Covered	Covered
Ambulance	Covered	Covered
Transportation (Routine) Non-medical transport covered FFS	Not covered	Covered
Prescription Drug Benefits	Covered	Covered
Chiropractic Care	Covered	Covered
Diabetes Supplies and Services	Covered	Covered
Durable Medical Equipment	Covered	Covered

Benefits			
	Medicaid	UHC Dual Complete WA-D001 (PPO D-SNP)	
Foot Care	Covered	Covered	
Home Health Care	Covered	Covered	
Hospice Hospice covered FFS through LTSS	Not covered	Covered	
Outpatient Hospital Services	Covered	Covered	
Renal Dialysis	Covered	Covered	
Prosthetic Devices	Covered	Covered	

About this plan

UHC Dual Complete WA-D001 (PPO D-SNP) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid. How much Medicaid covers depends on your income, resources, and other factors. Some people get full Medicaid benefits. Some only get help to pay for certain Medicare costs, which may include premiums, deductibles, coinsurance, or copays.

You can enroll in this plan if you are in one of these Medicaid categories:

- Qualified Medicare Beneficiary Plus (QMB+): You get Medicaid coverage of Medicare
 cost-share and are also eligible for full Medicaid benefits. Medicaid pays your Part A and
 Part B premiums, deductibles, coinsurance, and copayment amounts for Medicare covered
 services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Qualified Medicare Beneficiary (QMB): You get Medicaid coverage of Medicare cost-share
 but are not eligible for full Medicaid benefits. Medicaid pays your Part A and Part B
 premiums, deductibles, coinsurance, and copayment amounts only for Medicare covered
 services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Qualified Disabled and Working Individual (QDWI): Medicaid pays your Part A premium only. The State Medicaid Office does not pay your cost-share. You do not have full Medicaid benefits. There may be some services that do not have a member cost share amount.
- Qualifying Individual (QI): Medicaid pays your part B premium only. The State Medicaid
 Office does not pay your cost-share. You do not have full Medicaid benefits. You pay the
 cost share amounts listed in the chart below. There may be some services that do not have
 a member cost share amount.
- Specified Low-Income Medicare Beneficiary (SLMB+): Medicaid pays your Part B premium and provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from your state Medicaid agency in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.
- Specified Low-Income Medicare Beneficiary (SLMB): Medicaid pays your Part B premium only. The State Medicaid Office does not pay your cost-share. You do not have full Medicaid benefits. There may be some services that do not have a member cost share amount.
- Full Benefits Dual Eligible (FBDE): Medicaid may provide limited assistance with Medicare
 cost-sharing. Medicaid also provides full Medicaid benefits. You are eligible for full Medicaid
 benefits. At times you may also be eligible for limited assistance from the State Medicaid
 Office in paying your Medicare cost share amounts. Generally your cost share is 0% when
 the service is covered by both Medicare and Medicaid. There may be cases where you have
 to pay cost sharing when a service or benefit is not covered by Medicaid.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes these counties in:

Washington: Asotin, Benton, Clallam, Clark, Columbia, Cowlitz, Douglas, Franklin, Garfield, Island, Jefferson, King, Kitsap, Kittitas, Lewis, Lincoln, Mason, Pacific, Pend Oreille, Pierce, San Juan, Skagit, Skamania, Snohomish, Spokane, Thurston, Wahkiakum, Walla Walla, Whatcom, Whitman, Yakima.

Use network providers and pharmacies

UHC Dual Complete WA-D001 (PPO D-SNP) has a network of doctors, hospitals, pharmacies and other providers. With this plan, you have the freedom to see any provider nationwide that accepts Medicare. Plus, you have the flexibility to access a network of local providers. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **UHC.com/Medicare** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

Required Information

UHC Dual Complete WA-D001 (PPO D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-944-4984 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-944-4984, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-400 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

Fitness program

The Renew Active® Program varies by plan/area and may not be available on all plans. Participation in the Renew Active program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan. Gym network size is based on comparison of competitor's website data as of May 2023.

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used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

Food, Over-the-Counter (OTC) and Utility Bill Credit

Food, OTC and utility benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx home delivery for a 100 day supply of your maintenance medication.

If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. New prescriptions from OptumRx should arrive within five business days from the date the completed order is received, and refill orders should arrive in about seven business days. Contact OptumRx anytime at 1-877-266-4832, TTY 711.

The Nurse Hotline service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

Rewards Program

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.