

2024 Enrollment Guide

UHC Dual Complete VA-Q001 (HMO-POS D-SNP)

H7464-006-000

Service area: Select counties in Virginia



UnitedHealthcare Medicare Advantage plans are there for what matters to you, today and tomorrow



Plans designed to fit your life

With plans designed for all styles, stages and ages of Medicare, there's a UnitedHealthcare plan to fit your life. Use your UnitedHealthcare UCard® as your member ID and so much more. Your UCard gives you access to a large network of providers. From choosing a plan to using your plan, enjoy an easier-than-ever Medicare experience, informed by members like you. In fact, 4 out of 5 members would recommend UnitedHealthcare Dual Special Needs plans to family and friends.¹



More for your Medicare dollar

Use your UnitedHealthcare UCard to buy healthy food, OTC products and pay utility bills. See why more people with Medicare and Medicaid choose a Dual Special Needs plan from UnitedHealthcare than from any other company.²



Guidance for today and as your needs change

Count on us to be there when it matters. We'll help you find the right plan with easy-to-understand plan education, useful online tools and helpful UnitedHealthcare Medicare Plan Experts.³ As a member, UnitedHealthcare advocates and navigators help you get the answers and care you need. Put UnitedHealthcare's more than 45 years of experience to work for you.

¹Member recommendations based on Human8, May 2023.

²Most chosen based on total D-SNP plan enrollment from CMS Enrollment Data, May 2023

³Medicare Plan Expert is a licensed insurance sales agent/producer.

UCard opens doors where it matters

Once you're a member, you'll receive your new UnitedHealthcare UCard in the mail. Reach for your UCard when:



Visiting a provider or filling a prescription

Your UCard has the plan information you and your providers need.



Buying healthy food, OTC products or paying utility bills

Use the credit loaded on your UCard as payment in-store or online.



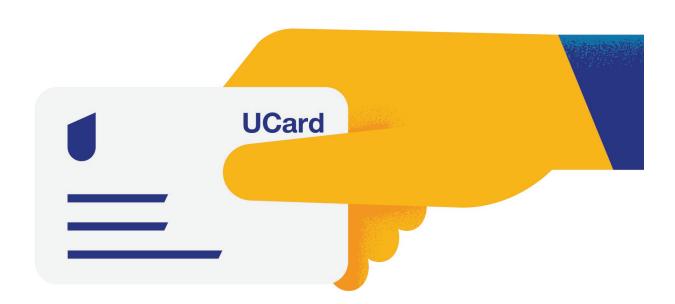
Spending your earned rewards

Buy eligible items in-store at thousands of retailers nationwide.



Checking in at the gym

Show your UCard to access your free membership the first time you visit a Renew Active® network gym or fitness location.



Take advantage of a specially designed plan



This plan is for people with Medicare and Medicaid coverage and has many extra benefits that can help you live a healthier life. It has a network of quality doctors, hospitals, pharmacies and other providers, designed to help you get the care you need. You have access to a large dental provider network. You can also get care from out-of-network dental providers, but your costs may be higher, even for services with a \$0 copay.

Here's how this HMO-POS D-SNP plan works



Get care from providers in the network or visit out-of-network providers for covered dental services.



Select a primary care provider to oversee and help manage your care. It's required by the plan, but it's also very beneficial for your long term health and well-being.



\$0 covered services when received in-network. See the Summary of Benefits in this book to find out what services are covered.



No referral is needed to see a network specialist or other provider.



Emergency and urgently needed services are covered anywhere in the world.



This plan includes prescription drug coverage. Always use network pharmacies. You may pay more or the full cost for drugs received from pharmacies not in the network.

Go to **UHCCommunityPlan.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions. See your Evidence of Coverage for a list of all covered services.

Scan this code to view the drug list



Benefit Highlights

UHC Dual Complete VA-Q001 (HMO-POS D-SNP)

This is a short description of your 2024 plan benefits. The values shown in-network are for those with Medicare Parts A and B cost sharing that may be covered by the state. Cost share may vary depending on your individual Medicaid eligibility. For complete information, please refer to your Summary of Benefits or Evidence of Coverage. Limitations, exclusions, and restrictions may apply.

Plan costs

If you have full Medicaid benefits or are a Qualified Medicare Beneficiary, you will pay \$0 for your Medicare-covered services. If your eligibility for Medicaid or "Extra Help" changes, your cost sharing and premium may change.

Monthly plan premium

Medical benefits		
Doctor's office visit		
Primary care provider (PCP)	\$0 copay	
Specialist	\$0 copay (no referral needed)	
Virtual visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Preventive services	\$0 copay	
Inpatient hospital care	\$0 copay per stay for unlimited days	
Skilled nursing facility (SNF)	\$0 copay per day: days 1-100	
Outpatient hospital, including surgery	\$0 copay	
Outpatient mental health		
Group therapy	\$0 copay	
Individual therapy	\$0 copay	
Virtual visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Diabetes monitoring supplies	\$0 copay for covered brands	
Diagnostic radiology services (such as MRIs, CT scans)	\$0 copay	

Medical benefits	
Diagnostic tests and procedures (non-radiological)	\$0 copay
Lab services	\$0 copay
Outpatient x-rays	\$0 copay
Ambulance	\$0 copay for ground or air
Emergency care	\$0 copay (worldwide)
Urgently needed services	\$0 copay (worldwide)

Medicaid coverage of out-of-network medical benefits may vary depending on your Medicaid eligibility category. For complete information please refer to your Evidence of Coverage.

Benefits and services beyond Original Medicare		
Routine physical	\$0 copay, 1 per year	
Routine eye exams	\$0 copay, 1 per year	
Routine eyewear	\$0 copay Plan pays up to \$400 every year for lenses/frames and contacts	
Dental - preventive (covered in-network and out-of- network)	\$0 copay for exams, cleanings, X-rays, and fluoride*	
Dental - comprehensive (covered in-network and out-of- network)	\$0 copay for comprehensive dental services*	
Dental - benefit limit	\$2,500 combined limit on all covered dental services* If you choose to see an out-of-network dentist you might be billed more, even for services listed as \$0 copay	
Hearing - routine exam	\$0 copay, 1 per year	
Hearing aids	Plan pays up to \$3,600 every year for 2 hearing aids through UnitedHealthcare Hearing.	
	Includes hearing aids delivered directly to you with virtual follow-up care (select models).	
Fitness program	\$0 copay for Renew Active®, which includes a free gym membership, plus online fitness classes and brain health content.	

Benefits and services beyond Original Medicare		
Routine transportation	\$0 copay for 36 one-way trips to or from approved locations, such as medically related appointments, gyms and pharmacies	
Personal emergency response system	\$0 copay for a personal emergency response system (PERS)	
Foot care - routine	\$0 copay, 4 visits per year	
Routine chiropractic care	\$0 copay, 20 visits per year	
Food, over-the-counter (OTC) and utility bill credit	\$120 credit every month to pay for covered healthy food, OTC products and utility bills from network utility companies	
Meal benefit	\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay.	
Nurse Hotline	Speak with a registered nurse (RN) 24 hours a day, 7 days a week.	

^{*}Benefits are combined in and out-of-network

Prescription drugs	
Annual Prescription Deductible	\$0
30-day or 100-day supply	from retail or mail order network pharmacy
All covered drugs	\$0 copay (Some covered drugs are limited to a 30-day supply)



Premiums, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details. This information is not a complete description of benefits. Contact the plan for more information.

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Notes and doodles



Summary of Benefits 2024

UHC Dual Complete VA-Q001 (HMO-POS D-SNP) H7464-006-000

Look inside to take advantage of the health services and drug coverages the plan provides. Call Member Services or go online for more information about the plan.



Toll-free **1-844-368-7151**, TTY **711** 8 a.m.-8 p.m., 7 days a week, October-March; Monday-Friday, April-September



UHCCommunityPlan.com

United Healthcare **Dual Complete**

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Introduction

This document is a brief summary of the benefits and services covered by UHC Dual Complete VA-Q001 (HMO-POS D-SNP). It includes answers to frequently asked questions, important contact information, an overview of benefits and services offered, and information about your rights as a member of UHC Dual Complete VA-Q001 (HMO-POS D-SNP). Key terms and their definitions appear in alphabetical order in the last chapter of the **Evidence of Coverage**.

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A. Disclaimers



This is a summary of health services covered by UHC Dual Complete VA-Q001 (HMO-POS D-SNP) for January 1, 2024–December 31, 2024. This is only a summary. Read the **Evidence of Coverage** for the full list of benefits.

- UHC Dual Complete VA-Q001 (HMO-POS D-SNP) is a Dual Eligible Special Needs Plan (D-SNP) with a Medicare contract and a contract with the Virginia Medicaid program. Enrollment in UHC Dual Complete VA-Q001 (HMO-POS D-SNP) depends on contract renewal. This plan is available to anyone who has both Medicare and full Virginia Medicaid benefits.
- This information is not a complete description of benefits. Contact the plan for more information. Limitations and exclusions may apply.
- Benefits, features and/or devices vary by plan/area. Limitations and exclusions may apply.
- UHC Dual Complete VA-Q001 (HMO-POS D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.
- Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.
- If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at **medicare.gov** or get a copy by calling **1-800-MEDICARE (1-800-633-4227),** 24 hours a day, 7 days a week. TTY users should call **1-877-486-2048**.
- The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.
- We provide free services to help you communicate with us such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the member toll-free phone number listed on your ID card.
- ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.
- 請注意:如果您説中文(Chinese),我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼.
- Benefits may change on January 1 of each year.
- Premiums are covered for enrollees of UHC Dual Complete VA-Q001 (HMO-POS D-SNP).
- We do not offer every plan available in your area. Any information we provide is limited to those
 plans we do offer in your area. Please contact medicare.gov or 1-800-MEDICARE to get
 information on all of your options.
- You can call Member Services and ask us to make a note in our system that you would like materials in Spanish, large print, braille, or audio now and in the future.

- The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.
- OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use
 OptumRx home delivery for a 90-day supply of your maintenance medication. If you have not
 used OptumRx home delivery, you must approve the first prescription order sent directly from
 your doctor to OptumRx before it can be filled. New prescriptions from OptumRx should arrive
 within ten business days from the date the completed order is received, and refill orders should
 arrive in about seven business days. Contact OptumRx anytime at 1-877-266-4832, TTY 711.
- Participation in the Renew Active® program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. The Renew Active program varies by plan/area. Access to gym and fitness location network may vary by location and plan.
- The NurseLine service should not be used for emergency or urgent care needs. In an
 emergency, call 911 or go to the nearest emergency room. The information provided through
 this service is for informational purposes only. The nurses cannot diagnose problems or
 recommend treatment and are not a substitute for your doctor's care. Your health information is
 kept confidential in accordance with the law. Access to this service is subject to terms of use.

B. Frequently asked questions

The following chart lists frequently asked questions.

Frequently asked questions	Answers
What is a Dual Eligible Special Needs Plan (D-SNP)?	A Dual Eligible Special Needs Plan (D-SNP) is a type of Medicare Advantage health plan. A D-SNP is for individuals who are dually eligible for both Medicare and Virginia Department of Medical Assistance Services (Medicaid). A D-SNP covers all of your Medicare and prescription drug benefits (Medicare Part D) and provides all of your Medicaid services and drugs under the Commonwealth Coordinated Care Plus (CCC Plus) program.
What is Commonwealth Coordinated Care Plus (CCC Plus)?	The Commonwealth Coordinated Care Plus (CCC Plus) program is a mandatory Medicaid managed care program through the Department of Medical Assistance Services (DMAS). Its goal is to help you improve the quality of your health care and your quality of life.
What are Managed Long-Term Services and Supports (MLTSS)?	Managed Long-Term Services and Supports (MLTSS) are help for people who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Often these services are provided at your home or in your community, but they could also be provided in a nursing home or hospital when necessary. UHC Dual Complete VA-Q001 (HMO-POS D-SNP) provides MLTSS as part of your CCC Plus benefits if you are found to be eligible through the MLTSS screening process.

Frequently asked questions	Answers
Will I get the same Medicare and Medicaid benefits in UHC Dual Complete VA-Q001 (HMO-POS D-SNP) that I get now?	If you are coming to UHC Dual Complete VA-Q001 (HMO-POS D-SNP) from Original Medicare or another Medicare plan, you may get benefits or services differently. You will get almost all of your covered Medicare and CCC Plus benefits directly from UHC Dual Complete VA-Q001 (HMO-POS D-SNP).
	When you enroll in UHC Dual Complete VA-Q001 (HMO-POS D-SNP), you and your Interdisciplinary Care Team (ICT) will work together to develop an Integrated Care Plan (ICP) to address your health and support needs, reflecting your personal preferences and goals.
	If you are taking any Medicare Part D prescription drugs that UHC Dual Complete VA-Q001 (HMO-POS D-SNP) does not normally cover, you can get a temporary supply and we will help you to transition to another drug or get an exception for UHC Dual Complete VA-Q001 (HMO-POS D-SNP) to cover your drug if medically necessary.
Can I go to the same health care providers I see now?	That is often the case. If your providers (including doctors, therapists, pharmacies, and other health care providers) work with UHC Dual Complete VA-Q001 (HMO-POS D-SNP) and have a contract with us, you can keep going to them.
	 Providers with an agreement with us are "in- network." You must use the providers in UHC Dual Complete VA-Q001 (HMO-POS D-SNP)'s network.
	 If you need urgent or emergency care or out- of-area dialysis services, you can use providers outside of UHC Dual Complete VA-Q001 (HMO- POS D-SNP)'s network.
	To find out if your providers are in the plan's network, call Member Services or read UHC Dual Complete VA-Q001 (HMO-POS D-SNP)'s Provider and Pharmacy Directory . You can also visit our website at UHCCommunityPlan.com for the most current listing.

Frequently asked questions	Answers	
What is a Care Coordinator?	A Care Coordinator is your main contact person at our plan. Your Care Coordinator will work with you and with your providers to make sure you get the health care services you need.	
What happens if you need a service but no one in UHC Dual Complete VA-Q001 (HMO-POS D-SNP)'s network can provide it?	Most services will be provided by our network providers. If you need a service that cannot be provided within our network, UHC Dual Complete VA-Q001 (HMO-POS D-SNP) will pay for the cost of a out-of-network provider.	

Frequently asked questions

Answers

Where is UHC Dual Complete VA-Q001 (HMO-POS D-SNP) available?

The service area for this plan includes: Accomack, Albemarle, Alexandria City, Alleghany, Amelia, Amherst, Appomattox, Arlington, Augusta, Bath, Bedford, Bland, Botetourt, Bristol City, Brunswick, Buchanan, Buckingham, Buena Vista City, Campbell, Caroline, Carroll, Charles City, Charlotte, Charlottesville City, Chesapeake City, Chesterfield, Clarke, Colonial Heights City, Covington City, Craig, Culpeper, Cumberland, Danville City, Dickenson, Dinwiddie, Emporia City, Essex, Fairfax, Fairfax City, Falls Church City, Fauquier, Floyd, Fluvanna, Franklin, Franklin City, Frederick, Fredericksburg City, Galax City, Giles, Gloucester, Goochland, Grayson, Greene, Greensville, Halifax, Hampton City, Hanover, Harrisonburg City, Henrico, Henry, Highland, Hopewell City, Isle of Wight, James City, King and Queen, King George, King William, Lancaster, Lee, Lexington City, Loudoun, Louisa, Lunenburg, Lynchburg City, Madison, Manassas City, Manassas Park City, Martinsville City, Mathews, Mecklenburg, Middlesex, Montgomery, Nelson, New Kent, Newport News City, Norfolk City, Northampton, Northumberland, Norton City, Nottoway, Orange, Page, Patrick, Petersburg City, Pittsylvania, Poquoson City, Portsmouth City, Powhatan, Prince Edward, Prince George, Prince William, Pulaski, Radford City, Rappahannock, Richmond, Richmond City, Roanoke, Roanoke City, Rockbridge, Rockingham, Russell, Salem City, Scott, Shenandoah, Smyth, Southampton, Spotsylvania, Stafford, Staunton City, Suffolk City, Surry, Sussex, Tazewell, Virginia Beach City, Warren, Washington, Waynesboro City, Westmoreland, Williamsburg City, Winchester City, Wise, Wythe, York Counties, VA. You must live in one of these areas to join the plan.

Frequently asked questions	Answers
What is prior authorization?	Prior authorization means that you must get approval from UHC Dual Complete VA-Q001 (HMO-POS D-SNP) before UHC Dual Complete VA-Q001 (HMO-POS D-SNP) will cover a specific service, item, or drug or out-of-network provider. UHC Dual Complete VA-Q001 (HMO-POS D-SNP) may not cover the service, item or drug if you don't get prior approval. If you need urgent or emergency care or out-of-area dialysis services, you don't need to get approval first. UHC Dual Complete VA-Q001 (HMO-POS D-SNP) can provide you with a list of services or procedures that require you to get prior authorization from UHC Dual Complete VA-Q001 (HMO-POS D-SNP) before the service is provided.
	See Chapter 3 of the Evidence of Coverage to learn more about prior authorization. See the Medical Benefits Chart in Chapter 4 of the Evidence of Coverage to learn which services require a prior authorization.
Do I pay a monthly amount (also called a premium) under UHC Dual Complete VA-Q001 (HMO-POS D-SNP)?	No. You will not pay any monthly premiums to UHC Dual Complete VA-Q001 (HMO-POS D-SNP) for your health coverage.
	Additionally, Medicaid will pay your Medicare Part B premium for you.
Do I pay a deductible as a member of UHC Dual Complete VA-Q001 (HMO-POS D-SNP)?	No. You do not pay deductibles in UHC Dual Complete VA-Q001 (HMO-POS D-SNP).
What is the maximum out-of-pocket amount that I will pay for medical services as a member of UHC Dual Complete VA-Q001 (HMO-POS D-SNP)?	There is no cost sharing for medical services in UHC Dual Complete VA-Q001 (HMO-POS D-SNP), so your annual out-of-pocket costs will be \$0. Members who get MLTSS, including skilled and custodial nursing facility and CCC Plus Waiver Services, may have a monthly patient pay amount as determined by the Department of Social Services.

Frequently asked questions	Answers	
Who should I contact if I have questions or need help?	If you have general questions or questions about our plan, services, service area, billing, or member cards, call UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member Services:	
	Call	1-844-368-7151
		Calls to this number are free. 8 a.m.–8 p.m., 7 days a week, October–March; Monday–Friday, April–September.
		Member Services also has free language interpreter services available for people who do not speak English.
	TTY	711
		Calls to this number are free. 8 a.m8 p.m., 7 days a week, October-March; Monday-Friday, April-September.
	If you have questions about your health, call the Nurse Hotline:	
	Call	1-877-440-9407
		Calls to this number are free. 24 hours a day, 7 days a week.
	TTY	711
		Calls to this number are free. 24 hours a day, 7 days a week.
	_	eed immediate behavioral health services, Behavioral Health Crisis Line:
	Call	1-844-368-7151
		Calls to this number are free. 8 a.m8 p.m., 7 days a week, October-March; Monday-Friday, April-September.
	TTY	711
		Calls to this number are free. 8 a.m8 p.m., 7 days a week, October-March; Monday-Friday, April-September.

C. Overview of services

The following chart is a quick overview of what services you may need and rules about the benefits.

The **Summary of Benefits** is provided for informational purposes only. For more information about your benefits, you can read the UHC Dual Complete VA-Q001 (HMO-POS D-SNP) **Evidence of Coverage**. If you have questions, you can also call UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member Services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need hospital care	Hospital stay	\$0	Except in an emergency, your health care provider must tell the plan of your hospital admission.
			Your provider may need to obtain prior authorization for services.
	Doctor or surgeon care	\$0	Your provider may need to obtain prior authorization for services.
	Outpatient hospital services (including outpatient treatment by a doctor or a surgeon)	\$0	
	Ambulatory surgical center (ASC) services	\$0	Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You want to see a health care provider	Doctor visits (including visits to PCPs and specialists)	\$0	Your provider may need to obtain prior authorization for services.
	Visits to treat an injury or illness	\$0	Your provider may need to obtain prior authorization for services.
	Preventive care (care to keep you from getting sick, such as flu, COVID-19, or other immunizations)	\$0	
	Wellness visits, such as a physical	\$0	
	"Welcome to Medicare" preventive visit (one time only)	\$0	

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need emergency care	Emergency room services	\$0	You may go to any emergency room if you reasonably believe you need emergency care. You do not need prior authorization, and you do not have to be in-network.
			Worldwide coverage is available for the same copay. Contact the plan for details.
	Urgently needed services	\$0	Urgently needed services are not emergency care. You do not need prior authorization and you do not have to be in-network.
			Worldwide coverage is available for the same copay. Contact the plan for details.
You need medical tests	Lab tests, such as blood work	\$0	Your provider may need to obtain prior authorization for services.
	X-rays or other pictures, such as CAT scans	\$0	Your provider may need to obtain prior authorization for services.
	Screenings, such as tests to check for cancer	\$0	Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need hearing/auditory services	Hearing and balance tests to find out if you need medical treatment	\$0	
	Hearing screenings and	\$0	1 routine hearing exam per year.
	hearing aids		\$3,600 allowance for a broad selection of OTC and brand-name prescription hearing aids.
			Includes hearing aids delivered directly to you with virtual follow-up care through Right2You (select models), through UnitedHealthcare Hearing.
			Your provider may need to obtain prior authorization for services.
You need dental care	Dental check-ups and preventive care	\$0	Exams, cleanings, X-rays, fluoride, and comprehensive dental services are covered.
			\$2,500 limit on all covered dental services
	Restorative and emergency dental care	\$0	Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need	Routine eye exam	\$0	1 every year.
eye care	Routine eyewear	\$0	\$400 credit for lenses/ frames and contacts.
	Other vision care (including diagnosis and treatment for diseases and conditions of the eye)	\$0	Your provider may need to obtain prior authorization for services.
You have a mental health condition	Mental or behavioral health services	\$0	Your provider may need to obtain prior authorization for services.
	Inpatient and outpatient care and community-based services for people who need mental health care	\$0	Your provider may need to obtain prior authorization for services.
	(Note: Call Member Services or read the Evidence of Coverage for detailed services or more information.)		

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You have a substance use disorder	Substance use disorder services (Note: Call Member Services or read the Evidence of Coverage for detailed services or more information.)	\$0	Your provider may need to obtain prior authorization for services.
You need a place to live with people available to help	Skilled nursing care	\$0	Your provider may need to obtain prior authorization for services.
you	Nursing home care	\$0	Your provider may need to obtain prior authorization for services.
You need therapy after a stroke or accident	Occupational, physical or speech therapy	\$0	Your provider may need to obtain prior authorization for services.
You need help getting to health services	Ambulance services	\$0	Authorization is required for non-emergency Medicare covered ambulance ground and air transportation.
	Emergency transportation	\$0	Available worldwide and within the U.S. and its territories without authorization.
	Non-emergency transportation	\$0	Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need drugs to treat your illness or condition	Medicare Part B prescription drugs (including those given by your	\$0	Read the Evidence of Coverage for more information on these drugs.
(this service is continued on the next page)	provider in his or her office, some oral anti-cancer drugs, and some drugs used with certain medical equipment)		Your provider may need to obtain prior authorization for services.
	Generic drugs (no brand name)	\$0	There may be limitations on the types of drugs covered. See UHC Dual Complete VA-Q001 (HMO-POS D-SNP)'s List of Covered Drugs (Drug List) for more information.
			An extended day supply is only available at a subset of the retail or mail order network pharmacy.
			Contact the plan for details.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Brand name drugs	\$0	There may be limitations on the types of drugs covered. See UHC Dual Complete VA-Q001 (HMO-POS D-SNP)'s List of Covered Drugs (Drug List) for more information.
			An extended day supply is only available at a subset of the retail or mail order network pharmacy.
			Contact the plan for details.
	Over-the-counter (OTC) drugs	\$0	There may be limitations on the types of drugs covered. See UHC Dual Complete VA-Q001 (HMO-POS D-SNP)'s List of Covered Drugs (Drug List) for more information.
You need help getting better or have special health needs	Rehabilitation services	\$0	Your provider may need to obtain prior authorization for services.
	Dialysis services	\$0	Your provider may need to obtain prior authorization for services.
You need foot care	Podiatry services (including routine	\$0	4 routine foot care visits every year.
	exams)		Your provider may need to obtain prior authorization for services.
	Orthotic services	\$0	Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
You need durable medical equipment (DME) or supplies	Wheelchairs, crutches, walkers, nebulizers, and oxygen equipment and supplies	\$0	Your provider may need to obtain prior authorization for services.
	(Note: This is not a complete list of covered DME or supplies. Call Member Services or read the Evidence of Coverage for more information.)		
You need help living at home	Home health services	\$0	Your provider may need to obtain prior authorization for services.
	Adult day health or other MLTSS	\$0 You may have a monthly patient pay amount as determined by the Department of Social Services.	UHC Dual Complete VA-Q001 (HMO-POS D-SNP) provides these services if you are found to be eligible through the MLTSS screening process.
			If you do not have UnitedHealthcare for your Medicaid services, please call your Medicaid insurance company for more information.
			Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
Additional covered services (this service is continued on the next page)	Diabetes supplies and services	\$0	We only cover Accu- Chek® and OneTouch® brands. Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Ultra 2, Accu- Chek® Guide Me, and Accu-Chek® Guide. Test strips: OneTouch Ultra®, Accu- Chek® Guide, Accu- Chek® Guide, Accu- Chek® Aviva Plus, and Accu-Chek® SmartView. Other brands are not covered by your plan. Your provider may need to obtain prior authorization for services.
	Fitness program	\$0	Renew Active® includes a free gym membership at a location you select from our national network, plus a personalized fitness plan, online fitness classes and brain health challenges.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
Additional covered services (this service is continued on the next page)	Meal benefit	\$0	28 home-delivered meals unlimited times per year after an inpatient hospitalization or skilled nursing facility (SNF) stay.
			Your provider may need to obtain prior authorization for services.
	Nurse Hotline	\$0	Speak with a registered nurse (RN) 24 hours a day, 7 days a week.
	Over-the-counter (OTC) + Healthy food card	\$0	\$120 credit every month to pay for covered groceries, OTC products and certain utility bills
	Personal emergency response system	\$0	Help is only a button press away. A PERS device can quickly connect you to the help you need, 24 hours a day.
			You must have a working landline and/or cellular phone coverage to use PERS.
			Your provider may need to obtain prior authorization for services.
	Routine	\$0	20 visits per year.
	chiropractic care		Your provider may need to obtain prior authorization for services.

Health need or concern	Services you may need	Your costs for in-network providers	Limitations, exceptions and benefit information (rules about benefits)
Additional covered services (continued)	Routine transportation	\$0	36 one-way trips to or from approved locations, such as medically related appointments, gyms, and pharmacies.
	Virtual medical visits	\$0	Speak to network telehealth providers using your computer or mobile device.
			Virtual visits may require video-enabled smartphone or other device. Not for use in emergencies.
	Virtual mental health visits	\$0	Speak to network telehealth providers using your computer or mobile device.
			Virtual visits may require video-enabled smartphone or other device. Not for use in emergencies.

D. Benefits covered outside of UHC Dual Complete VA-Q001 (HMO-POS D-SNP)

This is not a complete list. Call Member Services to find out about other services not covered by UHC Dual Complete VA-Q001 (HMO-POS D-SNP) but available through Medicaid fee-for-service.

Other services covered directly by Medicaid fee-for-service	Your costs
Developmental disability support coordination	\$0
Transportation to Building Independence (BI), Community Living (CL), and Family and Individual Supports (FIS) waiver services	\$0

E. Services that UHC Dual Complete VA-Q001 (HMO-POS D-SNP), Medicare, and Medicaid do not cover

This is not a complete list. Call Member Services or read the **Evidence of Coverage** to find out about other excluded services.

Services that UHC Dual Complete VA-Q001 (HMO-POS D-SNP), Medicare, and Medicaid do not cover	
Services not considered "reasonable and necessary" according to standards of Medicare and Medicaid	Experimental medical and surgical treatments, items, or drugs unless covered by Medicare or under a Medicare-approved clinical study.
Surgical treatment for morbid obesity except when medically necessary	LASIK surgery.

F. Your rights and responsibilities as a member of the plan

As a member of UHC Dual Complete VA-Q001 (HMO-POS D-SNP), you have certain rights concerning your health care. You also have certain responsibilities to the health care providers who are taking care of you. Regardless of your health condition, you cannot be refused medically necessary treatment. You can use these rights without losing your health care services. We will tell you about your rights at least once a year. For more information on your rights, read the **Evidence of Coverage**.

Your rights include, but are not limited to, the following:

- You have a right to respect, fairness and dignity. This includes the right to:
 - Get covered services without concern about race, ethnicity, national origin, color, religion, creed, sex (including sex stereotypes and gender identity), age, health status, mental, physical, or sensory disability, sexual orientation, genetic information, ability to pay, or ability to speak English. No health care provider should engage in any practice, with respect to any member that constitutes unlawful discrimination under any state or federal law or regulation
 - Ask for and get information in other formats (for example, large print, braille, audio) free of charge
 - Be free from any form of physical restraint or seclusion
 - Not be billed by network providers
 - Have your questions and concerns answered completely and courteously
 - Apply your rights freely without any negative effect on the way UHC Dual Complete VA-Q001 (HMO-POS D-SNP) or your provider treats you
- You have the right to get information about your health care. This includes information on treatment and your treatment options, regardless of cost or benefit coverage. This information should be in a format and language you can understand. These rights include getting information on:
 - UHC Dual Complete VA-Q001 (HMO-POS D-SNP)
 - The services we cover
 - How to get services
 - How much services will cost you
 - Names of health care providers and Care Coordinators
 - Your rights and responsibilities
- You have the right to make decisions about your care, including refusing treatment. This includes the right to:
 - Choose a primary care provider (PCP). You can change your PCP at any time during the year.
 You can call 1-844-368-7151 if you want to change your PCP

- See a women's health care provider without a referral
- Get your covered services and drugs quickly
- Know about all treatment options, no matter what they cost or whether they are covered
- Refuse treatment as far as the law allows, even if your health care provider advises against it
- Stop taking medicine, even if your health care provider advises against it
- Ask for a second opinion about any health care that your PCP or your Interdisciplinary Care Team (ICT) advises you to have. UHC Dual Complete VA-Q001 (HMO-POS D-SNP) will pay for the cost of your second opinion visit
- Make your health care wishes known in an advance directive
- You have the right to timely access to care that does not have any communication or physical access barriers. This includes the right to:
 - Get timely medical care
 - Get in and out of a health care provider's office. This means barrier-free access for people with disabilities, in accordance with the Americans with Disabilities Act
 - Have interpreters to help with communication with your doctors, other providers, and your health plan. Call 1-844-368-7151 if you need help with this service
 - Have your Evidence of Coverage and any printed materials from UHC Dual Complete VA-Q001 (HMO-POS D-SNP) translated into your primary language, and/or to have these materials read out loud to you if you have trouble seeing or reading. Oral interpretation services will be made available upon request and free of charge
 - Be free of any form of physical restraint or seclusion that would be used as a means of coercion, force, discipline, convenience, or retaliation
- You have the right to seek emergency and urgent care when you need it. This means you have the right to:
 - Get emergency and urgent care services, 24 hours a day, 7 days a week, without prior approval
 - See an out-of-network urgent or emergency care provider, when necessary
- You have a right to confidentiality and privacy. This includes the right to:
 - Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected
 - Have your personal health information kept private. No personal health information will be released to anyone without your consent, unless required by law
 - Have privacy during treatment

- You have the right to make complaints about your covered services or care. This includes the right to:
 - Access an easy process to voice your concerns, and to expect follow-up by UHC Dual Complete VA-Q001 (HMO-POS D-SNP)
 - File a complaint or grievance against us or our providers. You also have the right to appeal certain decisions made by us or our providers
 - Ask for a state Appeal (Fair Hearing)
 - Get a detailed reason why services were denied

Your responsibilities include, but are not limited to, the following:

- You have a responsibility to treat others with respect, fairness and dignity. You should:
 - Treat your health care providers with dignity and respect
 - Keep appointments, be on time, and call in advance if you're going to be late or have to cancel
- You have the responsibility to give information about you and your health. You should:
 - Tell your health care provider your health complaints clearly and provide as much information as possible
 - Tell your health care provider about yourself and your health history
 - Tell your health care provider that you are a UHC Dual Complete VA-Q001 (HMO-POS D-SNP) member
 - Talk to your PCP, Care Coordinator, or other appropriate person about seeking the services of a specialist before you go to a hospital (except in cases of emergency)
 - Tell your PCP, Care Coordinator, or other appropriate person within 24 hours of any emergency or out-of-network treatment
 - Notify UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member Services if there are any changes in your personal information, such as your address or phone number
- You have the responsibility to make decisions about your care, including refusing treatment. You should:
 - Learn about your health problems and any recommended treatment, and consider the treatment before it's performed
 - Partner with your ICT and work out treatment plans and goals together
 - Follow the instructions and plans for care that you and your health care provider have agreed to, and remember that refusing treatment recommended by your health care provider might harm your health

- You have the responsibility to obtain your services from UHC Dual Complete VA-Q001 (HMO-POS D-SNP). You should:
 - Get all your health care from UHC Dual Complete VA-Q001 (HMO-POS D-SNP), except in cases of emergency, urgent care, out-of-area dialysis services, or family planning services, unless UHC Dual Complete VA-Q001 (HMO-POS D-SNP) provides a prior authorization for out-of-network care
 - Not allow anyone else to use your UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member
 ID Card to obtain healthcare services
 - Notify UHC Dual Complete VA-Q001 (HMO-POS D-SNP) when you believe that someone has purposely misused UHC Dual Complete VA-Q001 (HMO-POS D-SNP) benefits or services

For more information about your rights, you can read the UHC Dual Complete VA-Q001 (HMO-POS D-SNP) **Evidence of Coverage**. If you have questions, you can also call UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member Services.

G. How to file a complaint or appeal a denied service

If you have a complaint or think UHC Dual Complete VA-Q001 (HMO-POS D-SNP) should cover something we denied, call UHC Dual Complete VA-Q001 (HMO-POS D-SNP) at **1-844-368-7151**. You can file a complaint or appeal our decision.

For questions about complaints and appeals, you can read Chapter 9 of the UHC Dual Complete VA-Q001 (HMO-POS D-SNP) **Evidence of Coverage**. You can also call UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member Services.

You can also write us a letter about your grievance (complaint) or appeal.

For complaints/grievances or medical appeals:

UnitedHealthcare Appeals and Grievance Department P.O. Box 6103, MS CA124-0187 Cypress, CA 90630-0023

For Part D or Medicaid drug appeals only:

UnitedHealthcare Part D Appeal and Grievance Department P.O. Box 6103, MS CA124-0197 Cypress, CA 90630-0023

H. What to do if you suspect fraud

Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.

If you think a doctor, hospital, or other pharmacy is doing something wrong, contact us.

- Call us at UHC Dual Complete VA-Q001 (HMO-POS D-SNP) Member Services, **1-844-368-7151**, TTY **711**, 8 a.m.–8 p.m., 7 days a week, October–March; Monday–Friday, April–September.
- Call Medicare at **1-800-MEDICARE** (1-800-633-4227). TTY users can call **1-877-486-2048**. You can call these numbers for free, 24 hours a day, 7 days a week.
- Call Virginia's Medicaid Fraud Control Unit at **1-800-371-0824** or **1-804-371-0779**. You can also email us at **MFCU_mail@oag.state.va.us**.

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Civil Rights Notice

The company complies with applicable federal civil rights laws and does not treat members differently because of sex, age, race, color, disability, or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability, or national origin, you can send a complaint to our Civil Rights Coordinator.

Online: UHC_Civil_Rights@uhc.com

• Mail: Civil Rights Coordinator

UnitedHealthcare Civil Rights Grievance

P.O. Box 30608

Salt Lake City, UT 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free phone number listed on the front of the booklet or your membership identification card (TTY **711**).

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://www.hhs.gov/civil-rights/filing-a-complaint/index.html

• Phone: Toll-free 1-800-368-1019, 800-537-7697 (TDD)

Mail: U.S. Department of Health and Human Services

200 Independence Ave SW HHH Building, Room 509F Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on the front of the booklet or your membership identification card (TTY **711**), Monday through Friday, 8 a.m. to 8 p.m. ET.

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, please call us using the toll-free number listed on the front of the booklet. Someone who speaks your language can help you. This is a free service.

Spanish: Contamos con servicios gratuitos de intérprete para responder cualquier pregunta que pudiera tener sobre nuestro plan de salud o de medicamentos. Para obtener los servicios de un intérprete, llámenos al número de teléfono gratuito que figura en la portada del folleto. Una persona que habla su idioma podrá ayudarle. Es un servicio gratuito.

Chinese Mandarin: 我们提供免费口译服务,解答您对我们的健康或药物计划的任何疑问。如需寻找一名口译员,请使用宣传册前面列出的免费电话号码联系我们。一名与您讲相同语言的人可以为您提供帮助。这是一项免费服务。

Chinese Cantonese: 我們提供免費的口譯服務,可回答您可能對我們的健康或藥物計劃的任何問題。如需口譯員,請撥打本手冊正面的免付費電話號碼聯絡我們。會說您的語言的人可協助您。這是免費服務。

Tagalog: Mayroon kaming libreng serbisyo ng interpreter para sagutin anumang tanong na maaaring mayroon ka tungkol sa kalusugan o plano ng gamot. Para makakuha ng interpreter, pakitawagan kami gamit ang libreng numerong nakalista sa harapan ng booklet. Sinumang nagsasalita ng wika mo ay puwedeng makatulong sa iyo. Ang serbisyong ito ay libre.

French: Nous disposons de services d'interprétation gratuits pour répondre à toutes les questions que vous pourriez vous poser sur notre régime d'assurance maladie ou d'assurance-médicaments. Pour recevoir l'aide d'un interprète, veuillez nous appeler en composant le numéro gratuit figurant sur votre carte d'identification de membre. Quelqu'un parlant votre langue peut vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch viên miễn phí để trả lời các câu hỏi mà bạn có về chương trình sức khoẻ hay thuốc của chúng tôi. Để gặp thông dịch viên, vui lòng gọi cho chúng tôi theo số điện thoại được liệt kê ở mặt trước của quyển sách nhỏ (booklet). Người nói cùng ngôn ngữ với bạn có thể giúp bạn. Đây là dịch vụ miễn phí.

German: Wir verfügen über kostenlose Dolmetscherdienste, um alle Fragen zu beantworten, die Sie über unseren Gesundheits- oder Medikamentenplan haben mögen. Um einen Dolmetscher zu erhalten, rufen Sie uns bitte unter der kostenfreien Nummer an, die auf der Vorderseite der Broschüre aufgeführt ist. Jemand, der Ihre Sprache spricht, kann Ihnen helfen. Dies ist eine kostenlose Dienstleistung.

Korean: 건강 또는 의약품 플랜에 관한 질문에 답변해드리기 위해 무료 통역 서비스를 제공합니다. 통역 서비스를 이용하려면, 책자 앞면에 있는 수신자 부담 전화번호로 전화해 주십시오. 한국어를 사용하는 통역사가 도움을 드릴 수 있습니다. 이 서비스는 무료입니다.

Russian: Если у Вас возникнут какие-либо вопросы о нашем плане медицинского страхования или плане по приобретению препаратов, мы предоставим Вам бесплатные услуги устного перевода. Для того чтобы воспользоваться услугами устного перевода, пожалуйста, свяжитесь с нами по бесплатному номеру телефона, указанному на лицевой стороне брошюры. Сотрудник, который говорит на Вашем языке, сможет Вам помочь. Данная услуга предоставляется бесплатно.

Arabic: لدينا خدمات ترجمة فورية للرد على أي أسئلة قد تكون لديك حول الخطة الصحية أو خطة الأدوية الخاصة بنا. للحصول على مترجم، من فضلك اتصل بنا باستخدام رقم الهاتف المجاني الموجود على الجزء الأمامي من الكتيب. سيساعدك شخص ما يتحدث لغتك. هذه خدمة مجانبة.

Hindi: हमारे स्वास्थ्य या दवा प्लान केबारे में आपकेकिसी भी परश्न का उत्तर देने केलिए हमारे पास मुफ्त दुभाषिया सेवाएं मौजूद हैं। दुभाषिया पाने केलिए, कृपया इस बुकलेट केसामने वाले भाग में सूचीबद्ध टोल- री नंबर का उपयोग करकेहमें कॉल करें। आपकी भाषा बोलने वाला कोई व्यक्ति आपकी मदद कर सकता है। यह एक निःशुल्क सेवा है।

Italian: Mettiamo a disposizione un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario o farmaceutico. Per avvalersi di un interprete, si prega di chiamare il numero verde riportato nella parte anteriore dell'opuscolo. Una persona che parla italiano potrà fornire l'assistenza richiesta. Il servizio è gratuito.

Portuguese: Dispomos de serviços de intérprete gratuitos para esclarecer quaisquer dúvidas que tenha sobre o nosso plano de saúde ou medicação. Para obter um intérprete, contacte-nos através do número gratuito indicado na parte da frente da brochura. Alguém que fala a sua língua pode ajudálo(a). Este é um serviço gratuito.

French Creole: Nou gen sèvis entèprèt gratis pou reponn tout kesyon ou gendwa genyen konsènan plan sante oswa medikaman nou an. Pou jwenn yon entèprèt, tanpri rele nou apati nimewo gratis pou apèl ki sou lis devan livrè an. Yon moun ki pale lang ou ka ede ou. Sa se yon sèvis gratis.

Polish: Oferujemy bezpłatne usługi tłumaczeniowe, aby odpowiedzieć na wszelkie pytania dotyczące naszego planu ubezpieczenia zdrowotnego lub planu refundacji leków. Aby skorzystać z pomocy tłumacza, proszę zadzwonić pod bezpłatny numer telefonu podany na pierwszej stronie broszury. Osoba posługująca się Pana/Pani językiem Panu/Pani pomoże. Usługa ta jest bezpłatna.

Japanese: 当社の医療または処方薬プランに関する質問にお答えするために、無料の通訳サービスをご利用いただけます。 通訳が必要な場合には、本冊子の表面に記載されているフリーダイヤル番号を使用して、当社までお問い合わせください。 お客様の言語を話す通訳者がお手伝いいたします。 これは無料のサービスです。

Important information: 2024 Medicare star ratings





UnitedHealthcare - H7464

For 2024, UnitedHealthcare - H7464 received the following Star Ratings from Medicare:

Overall Star Rating: ★★★ 3.5 stars

Health Services Rating: ★★★ 3.5 stars

Drug Services Rating: ★★★ 3.5 stars

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
 The number of members who left or stayed with the plan
 The number of complaints Medicare got about the plan
- □ Data from doctors and hospitals that work with the plan

More stars mean a better plan – for example, members may get better care and better, faster customer service.

The number of stars shows how well a plan performs.

★ ★ ★ ★ ★ EXCELLENT

★ ★ ★ ★ ABOVE AVERAGE

★ ★ ★ AVERAGE

★ ★ BELOW AVERAGE

POOR

Get More Information on Star Ratings Online

Compare Star ratings for this and other plans online at **medicare.gov/plan-compare**.

Questions about this plan?

Contact UnitedHealthcare 7 days a week from 8:00 a.m. to 8:00 p.m. Local time at **888-834-3721** (toll-free) or **711** (TTY). Current members please call **844-368-7151** (toll-free) or **711** (TTY).

Alternative Covered Drugs

Your plan's Drug List includes many different types of drugs, but it doesn't include all drugs. Drugs not covered by your plan typically have alternative drugs that can be used instead. This is a **partial** list of alternative drugs that you can use in place of some drugs that are not covered by your plan.



Talk with your provider or pharmacist to see if the alternative drugs listed here are appropriate for you.

Drugs not covered by the plan	Alternative covered drugs
Amitiza	Linzess
	Lubiprostone
	Movantik
	Motegrity
	Trulance
Basaglar	Lantus
	Levemir
	Toujeo
	Tresiba
Bystolic	Atenolol Tablet
	Bisoprolol Fumarate
	Metoprolol Tablet
	Carvedilol Tablet
Cialis & Tadalafil 2.5mg and 5mg (BPH	Alfuzosin Extended Release
Only)	Doxazosin
	Tamsulosin
Cyclosporine Ophthalmic	Restasis
	Tyrvaya
Icosapent Cap	Vascepa
Latuda	Lurasidone
Metformin HCL Extended Release (Osmotic)	Metformin Extended Release (Generic Glucophage XR)
Novolin	Humulin
Novolog	Humalog
	Insulin Lispro
	Lyumjev
·	Xtampza XR
Nucynta ER	Atampza AR
Nucynta ER	Morphine Sulfate ER 15mg, 30mg, 60mg, 100mg
Nucynta ER	•
Nucynta ER OxyContin	Morphine Sulfate ER 15mg, 30mg, 60mg, 100mg
	Morphine Sulfate ER 15mg, 30mg, 60mg, 100mg Tablets

Drugs not covered by the plan	Alternative covered drugs
Pradaxa	Eliquis Xarelto
Proair	Albuterol HFA (Generic Proair/Proventil HFA and Ventolin HFA) Ventolin HFA
Proventil HFA	Albuterol HFA (Generic Proair/Proventil HFA and Ventolin HFA) Ventolin HFA
Venlafaxine HCL Extended Release Tablet	Venlafaxine HCL Extended Release Capsule
Victoza	Trulicity Mounjaro Ozempic Bydureon
Zolpidem Tartrate Extended Release	Trazodone 50mg, 100mg, 150mg Tablet Zolpidem Immediate Release Belsomra

Bold type = Brand name drug Plain type = Generic drug



Note: Alternatives are suggestions only and may or may not be appropriate depending on the specific illness being treated. Information is accurate as of August 1, 2023, and may be subject to change. Please refer to the Drug List for details on drug coverage.

The Drug List may change at any time. You will receive notice when necessary.

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Helpful resources

You may qualify for Extra Help from Medicare

Extra Help is a program for people with limited incomes and resources who need help paying Part D premiums, deductibles and copays. To see if you qualify for Extra Help, call:

- The Social Security Administration at 1-800-772-1213, TTY 711, 1-800-325-0778 or visit ssa.gov
- Your state Medicaid office or visit medicaid.gov

Resources for Caregivers

UnitedHealthcare offers resources and support for our members and the people who care for them. Ask about our caregiving resources the next time you call or visit **uhc.com/caregiving**.

We're here to help

There's much more to good health than what happens in the doctor's office. Other factors — such as access to food, housing, transportation and financial stability — are just as important. We may be able to help connect you to discounts and services that make your life easier — all at no cost to you. These services may help you:



Save on utility bills, prescription drug expenses and even home repair costs



Find low-cost, easy-to-use transportation



Determine
Medicaid eligibility,
depending on your
income



Find local support groups



Learn about Veterans' Services and support



If you are a veteran or Dual Special Needs Plan member, please call **1-866-427-1873**, TTY **711**, 8 a.m.–8 p.m. local time, Monday–Saturday to learn more about programs and eligibility. For all other Medicare Advantage members, call **1-866-865-3851**, TTY **711**, 9 a.m.–6 p.m. local time, Monday–Friday.

Medicare Made Clear®

Medicare Made Clear is an educational program from UnitedHealthcare® designed to help you learn all you need to know about Medicare so you can make informed decisions about your health and Medicare coverage.



MedicareMadeClear.com

Before you enroll

Make sure this plan is the right one for you. It's important that you understand how the plan works and what benefits are covered before you enroll in this plan. You can find the Drug List (Formulary), Provider and Pharmacy directories and the Evidence of Coverage at **UHCCommunityPlan.com**.





Did you check the online Drug List to make sure your prescription drugs are covered?



Did you check the online Provider Directory to make sure your providers are in the network?

If your providers are not in the network, you will need to select a new network provider. You also have access to a large dental provider network. You can get care from out-of-network dental providers but your costs may be higher, even for services with a \$0 copay.



Did you review the online Pharmacy Directory to make sure the pharmacy you use is in the network?

If your pharmacy is not in the network, you will need to select a new network pharmacy.



Did you look through the Summary of Benefits in this booklet to review your medical services and prescription drugs?

If you want more information, the Evidence of Coverage includes a complete list of coverage, benefits and plan rules.

You're eligible to enroll in this Dual Special Needs Plan (D-SNP) if you:



Are enrolled in Original Medicare Parts A and B



Receive state Medicaid benefits



Live in the plan's service area

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What to expect after you enroll

Once you're a member, you'll find support for what matters, big and small. You can easily manage and find answers about your plan on the UnitedHealthcare app or your member site. And our all-in-one UnitedHealthcare UCard® makes it easier than ever to unlock more from your Medicare plan.



Manage your plan online

If you haven't done so already, use your member ID number and email address to create an account at **myuhc.com/communityplan**. Online you can:

- Find network providers and pharmacies and view plan documents, like your Drug List (Formulary)
- Complete your health assessment
- Review UnitedHealthcare UCard balances

Once your coverage begins

- Schedule your annual physical and wellness visit
- Schedule your yearly in-home preventive care visit with UnitedHealthcare® HouseCalls. Visit uhchousecalls.com to learn more
- Get a 3-month supply of your prescriptions using a home delivery pharmacy service

Benefits may change on January 1 of each year

We'll send you an Annual Notice of Changes in September that will tell you about any changes to your plan for the next year. If the plan no longer meets your needs, you can enroll in a new plan during the Annual Enrollment Period.

Thank you for choosing UnitedHealthcare

If you have questions, call the number on your UnitedHealthcare UCard.

Scan this code to access the member site using your member ID number



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How to enroll

You can enroll by phone, online, mail or fax. Simply choose the way that's easiest for you and follow the directions below.



By phone

Call one of our Licensed Sales Representatives toll-free at **1-844-560-4944**, TTY **711**, 8 a.m.-8 p.m. local time, 7 days a week to enroll over the phone or to schedule a face-to-face appointment with an agent in your area.



Online

Go to **UHCCommunityPlan.com** and follow the step-by-step instructions to enroll.



By mail

Fill out the Enrollment Request Form and mail it to:

UnitedHealthcare

P.O. Box 30769

Salt Lake City, UT 84130-0769



By fax

Fill out the Enrollment Request Form and fax the front and back of each page to: 1-888-950-1169

Enrollment Request Form checkpoints

- Print your name exactly as it appears on your red, white and blue Medicare card
- Make sure you have chosen the plan type that works best for you
- Make sure your permanent address is correct
- Sign and date where indicated
- Verify your date of birth
- Verify your providers accept the plan you are choosing
- Provide the name of your primary care provider (PCP)

Scope of Appointment Confirmation Form

Before meeting with a Medicare benethat Sales Agents use this form to ensproducts you are interested in. A sep Please check what you want to discussionalists.	sure y arate	our appointme form should be	nt focuses o used for ea	nly on the type of plan and ch Medicare beneficiary.
☐ Medicare Advantage plans (Part 0☐ Stand-alone Medicare prescriptio☐ Medicare Supplement (Medigap)	n drug	g (Part D) plan		ul-vision-hearing products ital indemnity products
By signing this form, you agree to me The Sales Agent is either employed o your enrollment in a plan. They do no	or cont	tracted by a Me	edicare plan	and may be paid based on
Signing this form does not affect you a Medicare plan or obligate you to en confidential.				•
Beneficiary or authorized rep	rese	ntative signa	ture and	signature date:
Signature of beneficiary/authorized	d repr	resentative		Today's date
If you are the authorized representati	ve, ple	ease sign abov	e and print o	elearly and legibly below:
Name (First and Last)		Relationship t	o beneficiar	y
To be completed by licensed sales	s repr	resentative (ple	ase print cle	early and legibly)
Sales Agent name (First and Last)	Sale	es Agent phone	-	Sales Agent ID
Beneficiary name (First and Last)	Ben	neficiary phone	-	Date of appointment
Beneficiary address				
Initial method of contact Plan(s) the S	Sales A	Agent will repres	sent during t	ne meeting
Sales Agent signature				

Medicare Advantage plans (Part C) and cost plans

Medicare Health Maintenance Organization (HMO) Plan — A Medicare Advantage plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. In most HMOs, you can only get your care from doctors or hospitals in the plan's network (except in emergencies).

Medicare health maintenance organization (HMO) plan — A Medicare Advantage plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. HMO-POS plans may allow you to get some services out of network for a higher copay or coinsurance.

Medicare preferred provider organization (PPO) Plan — A Medicare Advantage plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. PPOs have network doctors, providers and hospitals but you can also use out-of-network providers, usually at a higher cost.

Medicare private fee-for-service (PFFS) plan — A Medicare Advantage plan in which you may go to any Medicare-approved doctor, hospital and provider that accepts the plan's payment, terms and conditions and agrees to treat you — not all providers will. If you join a PFFS plan that has a network, you can see any of the network providers who have agreed to always treat plan members. You will usually pay more to see out-of-network providers.

Medicare Special Needs Plan (SNP) — A Medicare Advantage plan that has a benefit package designed for people with special health care needs. Examples of the specific groups served include people who have both Medicare and Medicaid, people who reside in nursing homes, and people who have certain chronic medical conditions.

Medicare Medical Savings Account (MSA) plan — MSA plans combine a high deductible health plan with a bank account. The plan deposits money from Medicare into the account. You can use it to pay your medical expenses until your deductible is met.

Medicare cost plan — In a Medicare cost plan, you can go to providers both in and out-of-network. If you get services outside of the plan's network, your Medicare-covered services will be paid for under Original Medicare but you will be responsible for Medicare coinsurance and deductibles.

Stand-alone Medicare prescription drug (Part D) plan

Medicare prescription drug plan (PDP) — A stand-alone drug plan that adds prescription drug coverage to Original Medicare, some Medicare Cost Plans, some Medicare Private Fee-For-Service Plans, and Medicare Medical Savings Account Plans.

Other related products

Medicare Supplement (Medigap) Products — Insurance plans that help pay some of the out-of-pocket costs not paid by Original Medicare Part A and Part B, such as deductibles and coinsurance amounts for Medicare approved services.

Dental/vision/hearing products — Plans offering additional benefits for consumers who are looking to cover needs for dental, vision, or hearing. These plans are not affiliated or connected to Medicare.

Hospital indemnity products — Plans offering additional benefits; payable to consumers based upon their medical utilization; sometimes used to defray copays/coinsurance. These plans are not affiliated or connected to Medicare.



2024 Enrollment Request Form

☐ UHC Dual Complete VA-Q001 (HMO-POS D-SNP) H7464-006-000 - BLV

Information about you	(Please	e type or print in	black or bl	ue ink)			
Last name		First name			Mido	lle initial	
Birth date			Sex □ M	1ale □ Fer	male		
Home phone number ()	-	Mobile phone number () -				
Social Security number (Required for people who ar	e enrol	lling in D-SNP pla	ans):	-	-	-	
Medicare number							
Permanent residence street	addres	ss (P.O. box is n	ot allowed)			
City	Co	ounty		State		ZIP code	
Mailing address (Only if it's	differe	ent from above.	You can g	ive a P.O. I	box.)		
City				State		ZIP code	
Email address (optional)							
Do you have other insurance	e that v	will cover your p	orescriptio	n drugs?		☐ Yes ☐ No	
(Examples: Other private insuprograms.) If yes, what is it?	ırance,	TRICARE, feder	ral employe	ee coverage	e, VA k	penefits or state	
Name of other insurance							
Member number	Gr	oup number		RxBin	1	RxPCN (optional)	
Answering these questions is them out.	your c	choice. You can't	t be denied	coverage l	becau	se you don't fill	
Enrollee name							
Agent name/ID number Y0066_ERFMA_2024_C						CSVA24HP0134377_000	

How do you want to pay?

If you have a monthly plan premium (including any late enrollment penalty you may owe) you can pay your premium by automatic deduction from your Social Security or Railroad Retirement Board (RRB) benefit check each month. You can also pay from a bank account through Electronic Funds Transfer (EFT).

If you don't choose an option below, we'll send a bill each month to your mailing address.

If you must pay a Part D-Income Related Monthly Adjustment Amount (Part D-IRMAA), Social Security (SS) will send you a letter and ask you how you want to pay it:

☐ You can pay it from your SS check	
☐ Medicare can bill you	
☐ The Railroad Retirement Board (RRB) can bill you	
☐ I want to pay from my Social Security check	
☐ I want to pay from my Railroad Retirement Board (RRB) check	
☐ I want to pay directly from a bank account	
Account type □ Checking □ Savings Account holder name:	
Bank routing number/////	
Bank account number//////	
A few questions to help us manage your plan	
A low questions to help us manage your plan	
Please check what you'd like: ☐ Spanish ☐ Braille ☐ Other	
If you don't see the language or format you want, please call us toll-fre 711, 8 a.m8 p.m. local time, 7 days a week. Or visit UHCCommunity	
2.Are you enrolled in your state Medicaid program?	☐ Yes ☐ No
If yes, please give us your Medicaid number:	_
Enrollee name	
Agent name/ID number	
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3. Are you Hispanic, Latino/a, or Spanish orig	
No, not of Hispanic, Latino/a, or Span	
Yes, Mexican, Mexican American, or C	Chicano/a
Yes, Puerto Rican	
Yes, Cuban	
Yes, another Hispanic, Latino, or Spar	nish origin
I choose not to answer	
4. What's your race? Select all that apply.	
	or African American
American Indian or Alaska Native	
Asian Indian Chine	se Filipino
Japanese Korea	·
Other Asian Native	
Guamanian or Chamorro Other	
I choose not to answer	
	ecognized Tribe (name of Tribe)
mornisor, order or a reason or state in	, , , , , , , , , , , , , , , , , , ,
5. Do you or your spouse work?	☐ Yes ☐ No
Do you or your spouse have other health insu	rance that will cover medical services?
(Examples: Other employer group coverage, I	
auto liability, or Veterans benefits)	☐ Yes ☐ No
If yes, please complete the following:	2 100 2 110
Name of health insurance company	
Member number	
6. Please give us the name of your primary ca	re provider (PCP) clinic or health center
You can find a list on the plan website or in the	
<u> </u>	e Flovider Directory.
Provider or PCP full name	
Provider/PCP number:	(Please enter the number exactly as it appears
	on the website or in the Provider Directory. It will
	be 10 to 12 digits. Don't include dashes.)
Are you now seeing or have you recently seen	this provider? Li Yes Li No
Providing your email address above automativour plan communications.	cally enrolls you in paperless delivery for some of
your plan communications.	
Enrollee name	
Agent name/ID number	
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You will get many of your required plan communications delivered electronically. We will send you an email when new communications (For example: Explanation of Benefits or the Annual Notice of Changes) are available online. You can access these communications through any device such as a computer, tablet, or mobile phone.

If you would rather have hard copies of required materials mailed to you, please check here:

☐ Instead of paperless delivery, we will mail you hard copies of required materials. Please note that some communications are very large and may not fit in all mailboxes. You can change your preference for delivery at any time.

Please read and sign

Y0066 ERFMA 2024 C

By completing this form, I agree to the following:

-, compressing the result, ragice to the remember
 □ I must keep both Hospital (Part A) and Medical (Part B) to stay in UnitedHealthcare. I must keep paying my Part B premium if I have one, unless Medicaid or someone else pays for it. □ I understand that people with Medicare are generally not covered under Medicare while out of the country, except for limited coverage near the U.S. border. This plan covers emergency and urgent care outside of the U.S. See the Summary of Benefits for more information. □ I understand that when my UnitedHealthcare coverage begins, I must get all of my medical and prescription drug benefits from UnitedHealthcare. Benefits and services authorized by UnitedHealthcare and contained in my UnitedHealthcare "Evidence of Coverage" document (also known as a member contract or subscriber agreement) will be covered. Neither Medicare nor UnitedHealthcare will pay for benefits or services that are not covered. □ I understand that I can be enrolled in only one Medicare Advantage (MA) plan at a time – and that enrollment in this plan will automatically end my enrollment in another MA plan
(exceptions apply for MA Private-Fee-For-Service (PFFS), MA Medicare Medical Savings Account (MSA) plans).
 □ Release of information: By joining this Medicare Advantage Plan, I acknowledge that the plan will share my information with Medicare, who may use it to track my enrollment, to make payments, and for other purposes allowed by Federal law that authorize the collection of this information (see Privacy Act Statement below). □ I give UnitedHealthcare permission to share my protected health information with organizations or person(s) for permissible purposes under applicable law as required to
administer my health plan. □ I give consent for all entities under UnitedHealthcare and its affiliates and any outside vendor
used by UnitedHealthcare to call the phone number(s) I have provided using an autodialer and/or prerecorded voice.
 The information on this form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form I will be disenrolled from the plan. My response to this form is voluntary. However, failure to respond may affect enrollment in the
plan.
Enrollee nameAgent name/ID number
Agont name/ ip name i introct

When I sign below, it means that I have read and understand the information on this form

If I sign as an authorized representative, it means I have the legal right under state law to sign. I can show written proof (power of attorney, guardianship, etc.) of this right if Medicare asks for it. I understand that I will need to submit written proof of this right, to the plan, if I wish to take action on behalf of the member beyond this application. After this application has been approved and I have received my UnitedHealthcare UCard®, I can call Customer Service at the number on my UnitedHealthcare UCard to update my authorization information on file.

If you are the authorized representative, please sign above and complete the

Signature of applicant/member/authorized representative Today's date

information below		
*Not a Sales Agent		
ast name	First name	
Address		
Dity	State ZIP code	
Phone number () –	Relationship to applicant	
nrollee name		
gent name/ID number		
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					Page 6 of 8
For Licensed Sales	Representative/age	ncy	use only	•	
Licensed Sales Represe	entative/writing ID			Initial rec	eipt date
Licensed Sales Represe	entative/agent name			Propose	d effective date
Employer group name					
Employer group ID			Branch ID		
Agent must complete					
☐ IEP (MA-PD enrollees)	☐ ICEP (MA enrollees)	enro	EP (MA-PD ollees eligik IEP)		☐ OEP (Jan 1 – Mar 31)
☐ OEP (Newly eligible) ☐ SEP (Chronic)	☐ SEP (Dual LIS ☐ SEP (Chang change of status) residence) ☐ SEP (Dual LIS ☐ AEP (Octobe maintaining) December 7)			☐ SEP (Loss of EGHP coverage) ☐ OEPI	
☐ SEP (SEP reason)					
Licensed Sales Representative signature (optional) Date					
Please mail or fax this completed form to:					
	1.12411.114				

UnitedHealthcare P.O. Box 30769 Salt Lake City, UT 84130-0769

Fax: 1-888-950-1169

Fax the front and back of each page

Enrollee name	
Agent name/ID number	
Y0066_ERFMA_2024_C	CSVA24HP0134377_000

PRIVACY ACT STATEMENT: The Centers for Medicare & Medicaid Services (CMS) collects information from Medicare plans to track beneficiary enrollment in Medicare Advantage (MA) or Prescription Drug Plans (PDP), improve care, and for the payment of Medicare benefits. Sections 1851 and 1860D-1 of the Social Security Act and 42 CFR §§ 422.50, 422.60, 423.30 and 423.32 authorize the collection of this information. CMS may use, disclose and exchange enrollment data from Medicare beneficiaries as specified in the System of Records Notice (SORN) "Medicare Advantage Prescription Drug (MARx)", System No. 09-70-0588. Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.

UHC Dual Complete VA-Q001 (HMO-POS D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

This information is available for free in other languages. Please call our customer service number located on the back cover of this book.

Esta información está disponible sin costo en otros idiomas. Comuníquese con nuestro número de Servicio al Cliente situado en la contraportada de este libro.

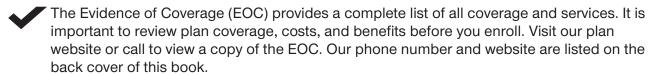
OMB No. 0938-1378 Expires: 7/31/2024 Y0066 ERFMA 2024 C

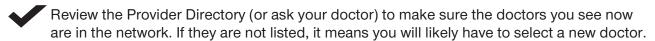
CSVA24HP0134377 000

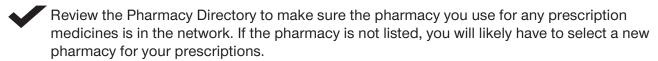
Enrollment checklist

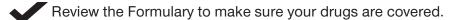
Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Customer Service Representative at the number listed on the back cover of this book.

Understanding the benefits

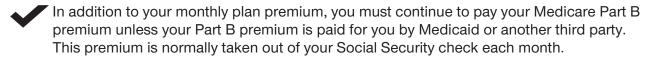


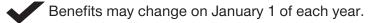


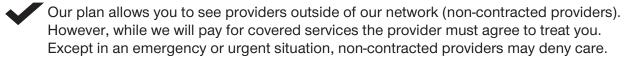


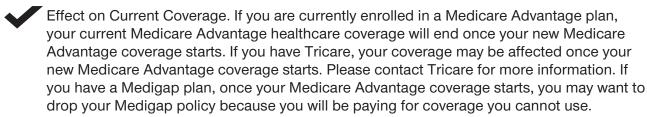


Understanding important rules









This plan is a Dual Eligible Special Needs Plan (D-SNP). Your ability to enroll will be based on verification that you are entitled to both Medicare and medical assistance from a state plan under Medicaid.

2024 Enrollment receipt

To be completed if enrolling with a Licensed Sales Representative.

Please use this as your temporary proof of coverage until Medicare has confirmed your enrollment and you receive your UnitedHealthcare UCard®. This receipt is not a guarantee of enrollment.

This copy is for your records only. Please do not resubmit enrollment.

Applicant 1:	Applicant 2 (if ap	pplicable):		
Name	Name			
Application date	Application date			
Proposed effective date	Proposed effective	re date		
Plan name	Plan name			
Plan type	Plan type			
Health plan/PBP number	Health plan/PBP	number		
Enrollment tracking number (if applicable)	Enrollment trackir	ng number (if applicable)		
Call your Licensed Sales Representative if your questions:	ou have any	RxBIN: 610097		
Representative name and ID number		Rx PCN: 9999		
		RxGRP: MPDCSP		
Representative phone number				

We're here to help. If you have additional questions, please call Customer Service toll-free at **1-844-560-4944**, TTY **711**, 8 a.m.-8 p.m. local time, 7 days a week.

Important reminder - You don't need a Medigap or Medicare Supplement insurance plan with a Medicare Advantage plan. If you currently have a Medigap plan, contact the insurer to cancel your plan once your Medicare Advantage plan begins.



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Notes and doodles		

Notes and doodles				

Ready to use your extra benefits?

UHC Dual Complete VA-Q001 (HMO-POS D-SNP)

Take advantage of your additional plan benefits by using the providers below.



Call **1-844-368-7151**, TTY **711**, 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept or visit **myuhc.com/communityplan** for:

- □ Routine vision services
- ☐ Routine dental benefits
- ☐ Fitness program: Renew Active®



Hearing aids

UnitedHealthcare Hearing 1-877-704-3384 UHCHearing.com/Medicare



Prescription drug home delivery

Optum Home Delivery, a service of OptumRx
1-877-889-6358
OptumRx.com



Food, Over-the-Counter (OTC) and Utility Bill Credit

Solutran 1-833-853-8587 myuhc.com/communityplan



Nurse Hotline

1-877-440-9407



Routine chiropractic services

OptumHealth Care Solutions, LLC (Optum®)

1-866-785-1654

myuhc.com/communityplan



Transportation

SafeRide 1-866-272-1967

myuhc.com/communityplan



Personal emergency response system

Lifeline 1-855-596-7612 lifeline.com/UHCMedicare



UnitedHealthcare has more than 45 years of experience serving members like you. You can count on us to be here when you need us. Call us when you need 1 on 1 support.

We're happy to help



Call toll-free **1-844-560-4944**, TTY **711** 8 a.m.-8 p.m. local time, 7 days a week



UHCCommunityPlan.com



Download the UnitedHealthcare app

Important plan information

Scan this code to download the UnitedHealthcare app

